

**APRIL 2017** 

# **SECOND QUARTER 2017 UPDATE**

# CHANGES TO THE HIGHMARK DRUG FORMULARIES

Following is the Second Quarter 2017 update to the Highmark Drug Formularies and pharmaceutical management procedures. The formularies and pharmaceutical management procedures are updated on a quarterly basis, and the following changes reflect the decisions made in February 2017 by our Pharmacy and Therapeutics Committee. These updates are effective on the dates noted throughout this document.

Please reference the guide below to navigate this communication:

#### **Section I. Highmark Commercial and Healthcare Reform Formularies**

- A. Changes to the Highmark Comprehensive Formulary and the Highmark Comprehensive Healthcare Reform Formulary
- B. Updates to the Pharmacy Utilization Management Programs
  - 1. Prior Authorization Program
  - 2. Managed Prescription Drug Coverage (MRxC) Program
  - 3. Formulary Program
  - 4. Quantity Level Limit (QLL) Programs

As an added convenience, you can also search our drug formularies and view utilization management policies on the Provider Resource Center (accessible via NaviNet\* or our website). Click the Pharmacy/Formulary Information link from the menu on the left



#### **Important Drug Safety Updates**

Chlorhexidine Gluconate: Drug Safety Communication – Rare but Serious Allergic Reactions On February 2, 2017, the FDA warned that rare but serious allergic reactions have been reported with the widely used skin antiseptic products containing chlorhexidine gluconate. Although rare, the number of reports of serious allergic reactions to these products has increased over the last several years. As a result, we are requesting the manufacturers of over-the-counter (OTC) antiseptic products containing chlorhexidine gluconate to add a warning about this risk to the Drug Facts labels. Prescription chlorhexidine gluconate mouthwashes and oral chips used for gum disease already contain a warning about the possibility of serious allergic reactions in their labels.

## FDA approves a generic of Xyrem with a REMS Program

On January 17, 2017, the FDA approved the first generic version of Xyrem (sodium oxybate) Oral Solution to treat cataplexy and excessive daytime sleepiness in patients with narcolepsy, which is a potentially debilitating disease. Because of the potential risks associated with Xyrem, it is subject to strict safety controls on prescribing and dispensing under a program called a Risk Evaluation and Mitigation Strategy (REMS). FDA's approval of generic sodium oxybate is subject to REMS with strict safety controls that are comparable to those currently required for Xyrem.

#### PNC-27 Products: FDA Warning – Do Not Use For Treatment or Cure for Cancer

On January 12, 2017, FDA began warning consumers not to purchase or use PNC-27, a product promoted and sold through http://PNC27.com, as a treatment or cure for cancer. PNC-27 is a small, nontoxic protein molecule that was designed in 2000 using a supercomputer at SUNI Downstate Medical Center in New York by Dr. Matthew Pincus and Dr. Josef Michl. Originally created to fight HIV, it was soon discovered that PNC-27 would attach to and kill cancer cells, leaving healthy cells to thrive. It is known to be most effective when used in conjunction with immune system boosters, proper hydration, and a vegan or near-vegan diet that avoids sugars and red meat. An FDA laboratory discovered the bacteria *Variovorax paradoxus* in a PNC-27 solution sample for inhalation. Consumers who use a contaminated product are at risk for serious, potentially life-threatening infections. Consumers at higher risk include vulnerable populations, such as young children, elderly people, pregnant women, and individuals with weakened immune systems.

#### **Highmark Formulary Update – April 2017**

## **SECTION I. Highmark Commercial and Healthcare Reform Formularies**

# A. Changes to the Highmark Comprehensive Formulary and the Highmark Comprehensive Healthcare Reform Formulary

The Highmark Pharmacy and Therapeutics Committee has reviewed the medications listed in the tables below. Please note that the Highmark Comprehensive Closed/Incentive Formulary is a complete subset of the Open Formulary; therefore, all medications added to the Comprehensive Closed/Incentive Formulary are also added to the Open Formulary. These updates are effective on the dates noted throughout this document. For your convenience, you can search the following formularies online:

Highmark Comprehensive Formulary:

(https://client.formularynavigator.com/Search.aspx?siteCode=8103967260)

Highmark Comprehensive Healthcare Reform Formulary:

(https://client.formularynavigator.com/Search.aspx?siteCode=4906449921)

Highmark is happy to inform you that Table 1 includes products that have been added to the formulary. Adding products to the formulary may mean lower copays or coinsurance rates for members. By adding products to the formulary, Highmark hopes to promote adherence to maintenance products and improve the overall health of our members.

**Table 1. Products Added** 

(All products added to the formulary effective date to be determined in 1Q2017, unless otherwise noted.)

Brand Name	Generic Name	Comments
naloxone (solution for	naloxone	Indicated for the emergency treatment of
injection)*		known or suspected opioid overdose, as
		manifested by respiratory and/or central
		nervous system depression.
Epinephrine (EpiPen AG,	epinephrine	Indicated in the emergency treatment of allergic
Adrenaclick AG)**		reactions (Type I) including anaphylaxis.

<sup>\*</sup>Naloxone solution for injection (syringes and vials) is a generic product.

Table 2. Products Not Added\*

Brand Name	Generic Name	Preferred Alternatives
Rubraca	rucaparib	Provider discretion
Synjardy XR	empagliflozin/metformin ER	Invokamet XR, Xigduo XR
Eucrisa	crisaborole	hydrocortisone, triamcinolone
Arymo ER	morphine sulfate ER	morphine sulfate ER, oxymorphone ER
Colprep Kit	sodium/magnesium/potassium	PEG-3350 electrolyte, Suprep
Esbriet	pirfenidone	Provider discretion
Rhofade	oxymetazoline	metronidazole cream, lotion, and gel
Vantrela ER	hydrocodone bitartrate	morphine sulfate ER, oxymorphone ER

<sup>\*\*</sup>EpiPen AG and Adrenaclick AG are authorized generics.

Brand Name	Generic Name	Preferred Alternatives
Tirosint SOL	levothyroxine sodium solution	levothyroxine
Trulance	plecanatide	polyethylene glycol; lactulose
Vyvanse Chewable	lisdexamfetamine	methylphenidate ER
ArmonAir RespiClick	fluticasone propionate	Flovent Diskus, Flovent HFA
AirDuo RespiClick	fluticasone propionate/ salmeterol	Advair Diskus, Advair HFA, Symbicort

<sup>\*</sup>Physicians may request coverage of these products using the Prescription Drug Medication Request Form, which can be accessed online in Highmark's Provider Resource Center; under **Provider Forms**, select **Miscellaneous Forms**, and select the form titled **Request for Non-Formulary Drug Coverage**.

Table 3. Products to be Removed — Effective July 1, 2017

Table 3.1 Todacts to be item	Ellective July 1, 20			
Brand name	Generic Name	Preferred Alternatives		
Only healthcare reform comprehensive products				
Zonatuss	benzonatate	benzonatate		
	Only commercial compre	ehensive products		
Accolate	zafirlukast	zafirlukast, montelukast sodium		
Dibenzyline	phenoxybenzamine HCl	phenoxybenzamine HCl		
Glyset	miglitol	miglitol, acarbose		
Prandimet	repaglinide/metformin HCl	repaglinide/metformin HCl, metformin		
Surmontil	trimipramine maleate	trimipramine maleate, amitriptyline HCl		
All cor	nmercial & healthcare refor	m comprehensive products		
Evzio	naloxone	naloxone syringe/vial, Narcan nasal spray		
Epipen/Epipen Jr	epinephrine	Provider discretion		
Allegra-D Rx	fexofenadine/	Provider discretion		
	pseudoephedrine			
Alphagan P 0.15%	brimonidine tartrate	brimonidine tartrate, apraclonidine HCl		
Ancobon	flucytosine	flucytosine		
Android	methyltestosterone	methyltestosterone		
Cipro suspension	ciprofloxacin	ciprofloxacin, levofloxacin		
CitraNatal DHA	PNV no.22/iron (ferrous	PNV OB+DHA, Prenaissance DHA		
	gluconate/folic acid/			
	docusate sodium /DHA			
CitraNatal Rx	PNV no. 22/ Iron (carbonyl	Prenatal Plus, PNV OB+DHA		
	iron, ferrous gluconate) /			
	folic acid / docusate			
	sodium			
Cleocin palmitate solution	clindamycin palmitate HCl	clindamycin palmitate HCl, azithromycin		
Cleocin phosphate 2%	clindamycin phosphate	clindamycin phosphate, metronidazole		
Cordran cream	flurandrenolide	flurandrenolide, mometasone furoate		
Cyclogyl 2%	cyclopentolate HCl	cyclopentolate HCl, tropicamide		

Brand name	Generic Name	Preferred Alternatives
DDAVP tablet/ampule/vial	desmopressin acetate	desmopressin acetate
Differin gel/cream	adapalene	adapalene, tretinoin
Dilaudid oral liquid	hydromorphone HCl	hydromorphone HCl, morphine sulfate
Disalcid	salsalate	salsalate, diclofenac sodium
Drisdol	ergocalciferol (vitamin D2)	ergocalciferol
Drysol	aluminum chloride	Hypercare
Edecrin tablet	ethacrynic acid	ethacrynic acid, furosemide
Efudex	fluorouracil	fluorouracil
Epivir solution	lamivudine	lamivudine, zidovudine
Estrostep Fe	ethinyl estradiol; norethindrone acetate; ferrous fumarate	Tilia Fe, Tri-Legest Fe
Evista	raloxifene HCl	raloxifene HCl, tamoxifen citrate
Femara	letrozole	letrozole, anastrozole
Femhrt	ethinyl estradiol;	ethinyl estradiol; norethindrone acetate,
	norethindrone acetate	Jevantique Lo
Feosol 45 mg	iron; carbonyl	Perfect Iron
Fergon	ferrous gluconate	ferrous gluconate
Fer-in-sol	ferrous sulfate	Provider discretion
Grifulvin V	griseofulvin	griseofulvin, terbinafine
Gyne-lotrimin	clotrimazole	clotrimazole, terconazole
Haldol decanoate	haloperidol decanoate	haloperidol decanoate, fluphenazine decanoate
Halflytely-bisacodyl	PEG-3350, sodium chloride, sodium bicarbonate and potassium chloride	Peg-prep, Gavilyte-H and bisacodyl
Hard nails biotin		biotin
Hemocyte	ferrous fumarate	ferrous fumarate
Hemocyte-F	ferrous fumarate/ folic acid	hematinic with folic acid
ICAR tablet	iron(as carbonyl)	iron chews
ICAR -C	iron(as carbonyl)/ Fe C ascorbic acid (vitamin C)	
ICAR -C Plus	iron (ascarbonyl)/vitamin Fe C C/vitamin B12/folic acid	
Isopto carpine	pilocarpine HCl	pilocarpine HCI
Isopto homatropine 5%	homatropine hydrobromide	homatropine hydrobromide, homatropaire
Kenalog spray	triamcinolone acetonide	triamcinolone acetonide, mometasone furoate
Loestrin Fe	ethinyl estradiol; norethindrone acetate; ferrous fumarate	ethinyl estradiol; norethindrone acetate; ferrous fumarate, Junel Fe

Brand name	Generic Name	Preferred Alternatives
Loprox cream	ciclopirox olamine	ciclopirox, Ciclodan
Loseasonique	ethinyl estradiol;	ethinyl estradiol; levonorgestrel, Camrese Lo
	levonorgestrel	
Macrodantin 25 mg	nitrofurantoin	nitrofurantoin, sulfamethoxazole/trimethoprim
	macrocrystal	
Medrol 8, 16, 32 mg	methylprednisolone	methylprednisolone, prednisone
Meribin	biotin	biotin
Mestinon ER	pyridostigmine bromide	pyridostigmine bromide
Mircette	ethinyl estradiol; desogestrel	ethinyl estradiol; desogestrel, Viorele
Modicon	ethinyl estradiol;	Necon, Nortrel
	norethindrone	
Monistat 3 combo pack	miconazole nitrate	miconazole 3, terconazole
Monistat 7 cream	miconazole nitrate	miconazole 3, terconazole
Navelbine	vinorelbine tartrate	vinorelbine tartrate
Neosporin drops	neomycin/polymyxin	neomycin/polymyxin b/gramicidin,
	b/gramicidin	neomycin/bacitracin/polymyxin
Nephrocaps	B-complex w-C no.20/folic acid	renal caps, Triphrocaps
Neurontin solution	gabapentin	gabapentin, levetiracetam
Nilandron	nilutamide	nilutamide
Nitrolingual	nitroglycerin	nitroglycerin
Nu-Iron	iron polysaccharide complex	Iferex 150
Oncovite	multivitamin; therapeutic	Thera
Orapred	prednisolone sod	prednisolone sodium phosphate, prednisone
	phosphate	
Ortho Micronor	norethindrone	norethindrone acetate, Camila
Ortho Tri-Cyclen	ethinyl estradiol;	ethinyl estradiol; norgestimate, Tri-Estarylla
	norgestimate	
Ortho-Cept	ethinyl estradiol;	ethinyl estradiol; desogestrel, Apri
Outh a Civalan	desogestrel	sthing of setup diele a supportion to Consider
Ortho-Cyclen	ethinyl estradiol;	ethinyl estradiol; norgestimate, Sprintec
Outle - Norman	norgestimate	Norther Alice and
Ortho-Novum	ethinyl estradiol;	Nortrel, Alyacen
0:1	norethindrone	
Ovide	malathion	malathion, permethrin
Pic 200	iron polysaccharide	EZFE
Drovidont and and areas	complex	Dontage CF
Prevident gel and cream	sodium fluoride	Dentagel, SF
Pulmicort 1 mg/2 ml	budesonide	budesonide
Pyridoxine HCL 50 mg and	pyridoxine HCl	vitamin B-6

Brand name	Generic Name	Preferred Alternatives
500 mg		
Right step prenatal	prenatal vitamin/iron	Mynatal, Preplus
vitamins	fumarate/folic acid	
Rocaltrol solution	calcitriol	calcitriol
Rosanil	sulfacetamide	sodium sulfacetamide/sulfur, erythromycin-
	sodium/sulfur	benzoyl peroxide
Sandostatin ampoules and	octreotide acetate	octreotide acetate
vials		
Seasonique	ethinyl estradiol;	ethinyl estradiol; levonorgestrel, Camrese
	levonorgestrel	
Select-OB	prenatal vitamins without	Prenatal-U, PNV-VP-U
	calcium /iron ps	
	complex/folic acid	
Stress Formula vitamins w/	multivitamin; stress	Provider discretion
zinc	formula/zinc	
Strovite Forte	multivitamin; iron; min #5;	V-C Forte, Strovite Plus
	folic acid	
Stuart Prenatal	prenatal vitamin/iron	Mynatal, Preplus
	fumarate/folic acid	
Support capsule	B-complex with vitamin C	Strovite
Terazol	terconazole	terconazole, miconazole 3
Testred	methyltestosterone	methyltestosterone
Theramill Forte	multivitamin; theramill	V-C Forte, Strovite Plus
	and minerals	
Tigan capsule	trimethobenzamide HCl	trimethobenzamide HCl
Ultra-antioxidant	beta-carotene(A)- vitamin	super antioxidant
	C; vitamin E/ selenium	
Verelan 360 mg	verapamil HCl	verapamil HCl, diltiazem HCl
Vfend suspension	voriconazole	voriconazole, itraconazole
Videx ec	didanosine	didanosine, zidovudine
Vision plus lutein	multivitamin with	Corvita
	minerals/lutein	
Vitabee W-C	B-complex with vitamin C	Strovite
Yasmin	drospirenone; ethinyl	drospirenone; ethinyl estradiol, Ocella
	estradiol	
Yaz	drospirenone; ethinyl	drospirenone; ethinyl estradiol, Gianvi
	estradiol	
Zantac Rx syrup	ranitidine HCl	ranitidine HCI, famotidine
Zarontin	ethosuximide	ethosuximide, lamotrigine
Zithromax packet	azithromycin	azithromycin, clarithromycin
Tikosyn	dofetilide	dofetilide
Tamiflu capsules	oseltamivir phosphate	oseltamivir phosphate

Brand name	Generic Name	Preferred Alternatives
Ziagen solution	abacavir sulfate	lamivudine
Kaletra solution	lopinavir/ritonavir	lopinavir/ritonavir, Prezista
Zetia	ezetimibe	ezetimibe
Azilect	rasagiline mesylate	selegiline HCI
Cafergot	ergotamine tartrate/	ergotamine-caffeine, sumatriptan succinate
	caffeine	

# **D. Updates to the Pharmacy Utilization Management Programs**

1. Prior Authorization Program

Policy Name	Policy Effective Date*	Updates and/or Approval Criteria
Bonjesta (doxylamine; pyridoxine) – Healthcare Reform	TBD	New policy created to separate Healthcare Reform (Bonjesta only) from previously approved Commercial policy.
Evzio Step Therapy – Commercial and Healthcare Reform	02/10/2017	New policy created to require contraindication to or inappropriate candidate for treatment with Narcan nasal spray and generic naloxone vial/syringe.  Commercial effective date 02/10/2017: Evzio 2 mg/0.4 ml and 0.4 mg/0.4 ml Healthcare Reform effective date 03/20/2017: Evzio 2
Topical Non-Steroid Therapy for Atopic Dermatitis – Commercial and Healthcare Reform	TBD	mg/0.4 ml  New policy created to require therapeutic failure, intolerance or contraindication to two topical corticosteroids to receive Protopic, Elidel or Eucrisa. Pediatric patients or members requesting for use on the face will only require therapeutic failure, intolerance or contraindication to one non-fluorinated topical corticosteroid. Policy already in place for Protopic and Elidel for Healthcare Reform.
Epinephrine Auto Injectors  - Commercial and Healthcare Reform	TBD	New policy created to ensure appropriate utilization of cost- effective products for emergency treatment of allergic reactions including anaphylaxis.
Intra-articular hyaluronan (Medical Injectable Policy) – Commercial and Healthcare Reform	02/09/2017	Policy revised to include three new hyaluronan products (Gel-Syn, Hymovis, and Gen-Visc 850), but the criteria remains the same.
Diclegis and Bonjesta (doxylamine; pyridoxine) – Commercial	03/20/2017	Policy revised to remove Healthcare Reform line of business. Healthcare Reform coverage for Bonjesta falls under new policy.

Policy Name	Policy Effective Date*	Updates and/or Approval Criteria
Enbrel (etanercept) – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on European League Against Rheumatism (EULAR) 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic disease-modifying antirheumatic drugs (DMARDs).
Otezla (apremilast) – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on EULAR 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic DMARDs.
Cosentyx (secukinumab) – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on EULAR 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic DMARDs.
Cimzia (certolizumab) – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on EULAR 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic DMARDs.
Simponi (golimumab) – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on EULAR 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic DMARDs.
Stelara (ustekinumab) – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on EULAR 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic DMARDs.
Humira (adalimumab) – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on EULAR 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic DMARDs.
Erelzi (etanercept-szzs)  Biosimilar – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on EULAR 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic DMARDs. Etanercept-szzs (Erelzi) is a

Policy Name	Policy Effective Date*	Updates and/or Approval Criteria
		biosimilar to Enbrel.
Amjevita (adalimumab- atto) <i>Biosimilar</i> – Commercial and Healthcare Reform	02/09/2017	Policy revised to allow coverage for axial disease, enthesitis and dactylitis associated with psoriatic arthritis based on EULAR 2015 updated guidelines. Following NSAID first line therapy, these conditions respond to TNF inhibitors rather than non-biologic DMARDs. Adalimumab-atto (Amjevita) is a biosimilar to Humira.
Kinase Inhibitors – Commercial, Healthcare Reform and Medicare	TBD	Policy revised to include criteria for rucaparib (Rubraca) for the treatment of BRCA mutated advanced ovarian cancer in patients treated with two or more prior lines of chemotherapy. Policy revised to include new indication for ibrutinib (Imbruvica) for the treatment of marginal zone lymphoma. For commercial line of business, only included requirement of documentation of generic imatinib (intolerance or ineffectiveness) for brand Gleevec.
Idiopathic Pulmonary Fibrosis – Commercial, Healthcare Reform and Medicare	TBD	Policy revised to include new dosage for pirfenidone (Esbriet) tablets.
Kuvan (sapropterin) – Commercial and Healthcare Reform	02/09/2017	Policy revised to align with most current guidelines regarding diagnosis and continuation of therapy.
Firazyr (icatibant) – Commercial and Healthcare Reform	TBD	Policy revised to include approval criteria to authorize additional quantities for icatibant (Firazyr), which has a retail limit of three pre-filled syringes per 31 days, for acute treatment of hereditary angioedema (HAE) attacks, since select agents are weight-based and are utilized for ondemand treatment. The policy was revised to ensure that supporting documentation includes that the patient has been evaluated for treatable trigger attacks, attestation to benefits of therapy and monitoring plan.
C1 Esterase Inhibitors – Commercial and Healthcare Reform	TBD	Policy revised to include approval criteria to authorize additional quantities for C1 esterase inhibitors for acute treatment HAE attacks, since select agents are weight-based and are utilized for on-demand treatment. Retail quantity limitations for the following at point of sale are:  • Cinryze: 20 vials for injection per 30 days  • Berinert: 30 vials for injection per 30 days  • Ruconest: 30 vials for injection per 28 days  The policy was revised to ensure that supporting

Policy Name	Policy Effective Date*	Updates and/or Approval Criteria
		documentation includes that the patient has been evaluated for treatable trigger attacks, attestation to benefits of therapy and monitoring plan.

<sup>\*</sup>All effective dates are tentative and subject to delay pending internal review or approval.

2. Managed Prescription Drug Coverage (MRxC) Program

Policy Name	Policy Effective Date*	Updates and Automatic Approval Criteria**
Non-Stimulant Treatment of ADHD/ADD – Commercial and Healthcare Reform	TBD	New policy created to require the step therapy of generic guanfacine ER for the Commercial and Healthcare Reform lines of business. The separate Medicare policy criteria will remain the same.
Xeloda (capecitabine) – Commercial	TBD	New policy created to require trial and failure of generic capecitabine prior to use of Xeloda.
Branded Aromatase Inhibitors – Commercial	TBD	New policy created to require trial and failure of the generic equivalent aromatase inhibitor (anastrazole, exemestane, letrozole) prior to use of the branded formulation (Arimidex, Aromasin, Femara).
Branded Antiandrogen Therapy – Commercial	TBD	New policy created to require trial and failure of the generic equivalent antiandrogen therapy (bicalutamide, nilutamide) prior to use of the branded formulation (Casodex, Nilandron).
Tirosint-SOL (levothyroxine sodium oral solution) – Commercial and Healthcare Reform	TBD	New policy created to require trial and failure of generic levothyroxine therapy prior to use of branded liquid oral formulation (Tirosint-SOL). Additional criteria considerations are implemented to allow Tirosint-SOL coverage in patients with GI conditions such as celiac disease or gluten sensitivity, irritable bowel syndrome, lactose intolerance, or prior gastric bypass surgery.
Vanos (fluocinonide) – Commercial and Healthcare Reform	TBD	Policy revised to include Commercial plans. The policy was initially created for Healthcare Reform to ensure that fluocinonide (Vanos) is being prescribed for the treatment of the inflammatory and pruritic manifestations of corticosteroid responsive dermatoses (including psoriasis and atopic dermatitis), in patients 12 years and older. The policy requires trial and failure of at least two generic topical corticosteroids (e.g., betamethasone, clobetasol, triamcinolone, halobetasol), one of which must be fluocinonide.
Lorzone, Parafon Forte DSC (chlorzoxazone) – Commercial and	TBD	Policy revised to include Commercial plans. The policy was initially created for Healthcare Reform to ensure that chlorzoxazone (Lorzone, Parafon Forte DSC) is being prescribed

Policy Name	Policy Effective Date*	Updates and Automatic Approval Criteria**
Healthcare Reform		as adjunct to rest, physical therapy, and other measures for the relief of discomfort associated with acute, painful musculoskeletal conditions. The policy requires trial and failure of at least two generic muscle relaxers (e.g., baclofen, carisoprodol, cyclobenzaprine, or methocarbamol), one of which must be generic chlorzoxazone.
Antiviral Therapy (Sitavig & Denavir) – Commercial and Healthcare Reform	TBD	Policy revised to include Commercial plans. The policy was initially created for Healthcare Reform to ensure that acyclovir buccal tablets (Sitavig) and penciclovir 1% cream (Denavir) are being prescribed for the treatment of recurrent herpes labialis (cold sores). The policy requires trial and failure of at least two formulary antiviral agents (e.g., acyclovir, valacyclovir, or famciclovir), one of which must be acyclovir.
Oleptro (trazodone ER) – Commercial and Healthcare Reform	TBD	Policy revised to include Commercial plans. The policy was initially created for Healthcare Reform to ensure that trazodone hydrochloride extended release (Oleptro ER) is being prescribed for major depressive disorder. The policy requires trial and failure or intolerance to generic immediate-release trazodone and trial and failure of at least two other generic antidepressants (e.g., sertraline, paroxetine, and other antidepressants in the SSRI, SNRI, TCA, and MAOI classes).
Atypical Antipsychotics – Commercial and Healthcare Reform	TBD	Policy revised to require therapeutic failure or intolerance to generic aripiprazole to receive brand Abilify, Rexulti and Vraylar if there is a shared indication. Policy revised to remove aripiprazole from the prior authorization policy.
Topical Rosacea Treatments – Commercial	TBD	Policy revised with the addition of oxymetazoline (Rhofade). The member must be 18 years of age or older, has a diagnosis of persistent facial erythema associated with rosacea in adults, and has experienced therapeutic failure or intolerance to generic metronidazole for the approval of Rhofade.
Extended Release Opioid Management – Commercial and Healthcare Reform	TBD	Policy revised to include two products: hydrocodone bitartrate (Vantrela ER) and morphine sulfate (Arymo ER). Quantities may be prescribed up to the limits outlined in the policy.
Combination Prescription Drug Safety – Medicare and Commercial	TBD	Policy revised to add additional opioid antagonists, including codeine, codeine combinations, dihydrocodeine, fentanyl, methadone, levorphanol, hydromorphone combinations, morphine sulfate, and morphine sulfate combinations. In order to ensure that all corresponding brand names would be addressed, the policy was revised to remove all product names; only generic names will be listed.

### 3. Quantity Level Limit (QLL) Programs\*

(Effective immediately upon completion of internal review and implementation, unless otherwise noted.)

Table 1. Quantity Level Limits – Quantity per Duration for Commercial and Healthcare Reform Plans

Drug Name	Retail Edit Limit	Mail Edit Limit
Arymo ER (morphine sulfate)	90 tablets/25 days	270 tablets/75 days
Esbriet (pirfenidone) 267 mg	270 tabs or caps/365 days	270 tabs or caps/365 days
Cinryze [C1 Esterase inhibitor (Human)]	20 vials/30 days	60 vials/90 days
Firazyr (icatibant)	9 ml (3 vials)/28 days	27 ml (9 vials)/84 days
Berinert [C1 Esterase inhibitor (Human)]	30 vials/28 days	90 vials/84 days
Ruconest [C1 Esterase inhibitor	20 vials/28 days	60 vials/84 days
(Recombinant)]		
ArmonAir RespiClick (fluticasone	1 inhaler/30 days	3 inhalers/90 days
propionate)		
AirDuo RespiClick (fluticasone	1 inhaler/30 days	3 inhalers/90 days
propionate/salmeterol) 55/14, 113/14		
mcg		
AirDuo RespiClick (fluticasone	2 inhalers/30 days	6 inhalers/90 days
propionate/salmeterol) 232/14 mcg		
Farydak (panobinostat)	6 capsules/21days	18 capsules/63 days
Cotellic (cobimetinib)	63 tablets/28 days	189 tablets/84 days
Stivarga (regorafenib)	84 tablets/28 days	252 tablets/84 days
Vantrela ER (hydrocodone)	60 tablets/25 days	180 tablets/75 days

Table 2. Quantity Level Limits – Quantity per Dispensing Event – Commercial and Healthcare Reform Plans

Drug Name	Retail Edit Limit	Mail Edit Limit
Eucrisa (crisaborole)	100 grams/31days	300 grams/90 days
Ibrance (palbociclib)	21 capsules/28 days	63 capsules/84 days

Table 3. Maximum Daily Quantity Limits – Commercial and Healthcare Reform Plans

Drug Name	Daily Limit
Synjardy XR (empagliflozin/metformin ER)	2 tablets/day
Xeljanz XR (tofacitinib)	1 tablet/day
Esbriet (pirfenidone) 267 mg*	9 tablets/day
Esbriet (pirfenidone) 801 mg*	3 tablets/day
Trulance (plecanatide) 3 mg	1 tablet/day
Bosulif (bosutinib) 100 mg	4 tablets/day

<sup>\*</sup>All effective dates are tentative and subject to delay pending internal review or approval.

<sup>\*\*</sup>Standard prior authorization criteria will apply for members who do not meet the automatic approval criteria.

Drug Name	Daily Limit
Bosulif (bosutinib) 500 mg	1 tablet/day
Gleevec (imatinib) 100 mg	6 tablets/day
Gleevec (imatinib) 400 mg	2 tablets/day
Imbruvica (ibrutinib)	4 tablets/day
Iclusig (ponatinib)	1 tablets/day
Leukeran (chlorambucil)	5 tablets/day
Ninlaro (ixazomib)	1 capsule/day
Pomalyst (pomalidomide)	1 capsule/day
Revlimid (lenalidomide)	1 capsule/day
Sprycel (dasatanib)	1 tablets/day
Tasigna (nilotinib)	2 capsules/day
Thalomid (thalidomide) 50, 100 mg	1 capsule/day
Thalomid (thalidomide) 150, 200 mg	2 capsules/day
Venclexta (venetoclax) 10 mg	2 tablets/day
Venclexta (venetoclax) 50, 100 mg	4 tablets/day
Zolinza (vorinostat)	4 capsules/day
Zydelig (idelalisib)	2 tablets/day
Odomzo (sonidegib)	1 capsule/day
Zelboraf (vemurafenib)	8 tablets/day
Mekinist (trametinib) 0.5 mg	3 tablets/day
Mekinist (trametinib) 2 mg	1 tablet/day
Xtandi (enzalutamide)	4 capsules/day
Zytiga (abiraterone)	4 tablets/day
Votrient (pazopanib)	4 tablets/day
Nexavar (sorafenib)	4 tablets/day
Alecensa (alectinib)	8 capsules/day
Lynparza (olaparib)	16 capsules/day
Tykerb (lapatinib)	6 tablets/day
Tafinlar (dabrafenib)	4 capsules/day
Gilotrif (afatinib)	1 tablet/day
Tarceva (erlotinib) 25 mg	3 tablets/day
Tarceva (erlotinib) 100, 150 mg	1 tablet/day
Cabometyx (cabozantinib)	1 tablet/day
Xalkori (crizotinib)	2 capsules/day
Caprelsa (vandetanib) 100 mg	2 tablets/day
Caprelsa (vandetanib) 300 mg	1 tablet/day
Cometriq (cabozantinib) 140 mg/day	4 capsules/day
Cometriq (cabozantinib) 100 mg/day	2 capsules/day
Cometriq (cabozantinib) 60 mg/day	3 capsules/day
Rubraca (rucaparib)	4 tablets/day

Drug Name	Daily Limit
Sutent (sunitinib)	1 capsule/day
Afinitor (everolimus)	1 tablet/day
Inlyta (axitinib) 1 mg	8 tablets/day
Inlyta (axitinib) 5 mg	4 tablets/day
Lenvima (lenvatinib) 10 mg/day	1 capsule/day
Lenvima (lenvatinib) 8, 14, 20 mg/day	2 capsules/day
Lenvima (lenvatinib) 18, 24 mg/day	3 capsules/day
Tagrisso (osimertinib)	1 tablet/day

<sup>\*</sup>Quantity per Duration (QD) rule also applies to this medication (refer to Table 1).

Requests for coverage of select medications exceeding the defined quantity level limits may be submitted for clinical review. Maximum-day supply on certain medications may vary depending on member's benefit design.

All effective dates are tentative and subject to delay, pending internal review and implementation.