SPECIAL eBULLETIN

September 2015

CHANGES TO THE HIGHMARK DRUG FORMULARIES

3RD QUARTER UPDATE

The 3rd Quarter 2015 update to our Drug Formularies and pharmaceutical management procedures is attached to this Special Bulletin. The formularies and pharmaceutical management procedures are updated on a quarterly basis, and the attached changes reflect the decisions made in June 2015 by the Highmark Pharmacy and Therapeutics Committee. These updates are effective on the dates noted throughout the document.

Please reference the guide below to navigate this communication:

Highmark Comprehensive and Health Care Reform Comprehensive Formularies

- A. Changes to the Highmark Comprehensive and the Highmark Comprehensive Health Care Reform Formularies
- B. Updates to the Pharmacy Utilization Management Programs
 - 1. Updates to the Prior Authorization Program
 - 2. Updates to the Managed Prescription Drug Coverage (MRxC) Program
 - 3. Updates to the Non-Formulary (NF) Program
 - 4. Updates to the Quantity Level Limit (QLL) Program
 - 5. Updates to Quantity Level Limits for Biologic Response Modifier Agents

As an added convenience, you can also search our drug formularies on the Provider Resource Center (accessible via NaviNet[®] or our website, **highmarkbcbsde.com**). Click the *Pharmacy/Formulary Information* link from the menu on the left.

If you have any questions regarding this pharmacy communication or the formularies, please contact your Highmark Blue Cross Blue Shield Delaware Provider Relations Representative.

(Continued on next page)



Highmark Blue Cross Blue Shield Delaware is an independent licensee of the Blue Cross and Blue Shield Association. NaviNet is a registered trademark of NaviNet, Inc., which is an independent company that provides a secure, web-based portal between providers and health insurance companies.

Important Drug Safety Updates

Risk of Permanent Skin Color Changes with Use of Daytrana Patch (methylphenidate transdermal system)

On June 24, 2015, the FDA released a Drug Safety Communication warning that permanent loss of skin color may occur with use of Daytrana patch for Attention Deficit Hyperactivity Disorder (ADHD). As a result of this, a new warning was added to the drug label to address this skin condition (chemical leukoderma). This condition may be disfiguring, but is not physically harmful. Patients should not stop using the patches, however, unless the prescriber changes therapy. The Daytrana patch is currently indicated for the treatment of ADHD among patients who are between 6 years old and 17 years old. Any discoloration of the skin should be reported to the provider as well as the FDA's MedWatch Safety Information and Adverse Event Reporting Program.

Risk of Serious Side Effect with Use of Codeine Cough and Cold Medicines in Children

On July 1, 2015, the FDA released a Drug Safety Communication warning of the potential risk of serious side effects, such as slowed or difficulty breathing, with use of codeine cough and cold medicines in children under 18 years of age. The FDA will be considering the European Medicines Agency (EMA) recommendations to avoid use of codeine to treat coughs and colds in children younger than 12 years of age or between 12 and 18 years of age with breathing problems. This was a follow-up warning to the 2013 warning against use of codeine in children who recently had surgery to remove their tonsils and/or adenoids. Health care professionals and patients are encouraged to report adverse events or side effects related to the use of these products to the FDA's MedWatch Program.

Increased Risk of Cardiovascular Events with Use of Non-aspirin, Nonsteroidal, Anti-inflammatory Drugs (NSAIDs)

On July 9, 2015, the FDA released a Drug Safety Communication warning of increased chance of heart attack or stroke with use of NSAIDs. The collective body of evidence with the new safety information led the FDA to require updates to the drug labels of all prescription and over-the-counter (OTC) non-aspirin NSAID drug facts labeling. Prescription labels for NSAIDs, such as naproxen, ibuprofen, diclofenac and celecoxib, will be required to include recommendations from the FDA advisory committee and safety review detailing heart attack and stroke risks associated with NSAIDs. The risk of cardiovascular events appears to be greater with higher doses or prolonged use of NSAIDs, impacting those with or without heart disease or risk factors for heart disease. Adverse events related to the use of NSAIDs should be reported to the prescriber and the FDA MedWatch Program.

Highmark Formulary Update – June 2015

SECTION I. Highmark Comprehensive and Progressive Formularies

A. Changes to the Highmark Comprehensive Formulary and the Highmark Comprehensive Health Care Reform Formulary

The Highmark Pharmacy and Therapeutics Committee has reviewed the medications listed in the tables below. Please note that the Highmark Comprehensive Closed/Incentive Formulary is a complete subset of the Open Formulary; therefore, all medications added to the Comprehensive Closed/Incentive Formulary are automatically added to the Open Formulary. These updates are effective as of the dates noted throughout this document. For your convenience, you can search the Highmark Comprehensive Formulary or the Highmark Comprehensive Health Care Reform Formulary online at http://highmark.formularies.com. Note: You must click the hyperlink for the Highmark Comprehensive Health Care Reform formulary.

Highmark is happy to inform you that Table 1 includes products that have been added to the formulary. Adding products to the formulary may mean lower copays or coinsurance rates for members. By adding products to the formulary, Highmark hopes this will promote adherence to maintenance products and improve the overall health of our members.

Table 1: Products Added (All products added to the formulary effective immediately unless otherwise noted)

Brand Name	Generic Name	Comments
ProAir® RespiClick	albuterol sulfate	Indicated in patients 12 years of age and
		older for the treatment or prevention of
		bronchospasm with reversible obstructive
		airway disease and for the prevention of
		exercise-induced bronchospasm.
		Effective date 08/01/2015
Kalydeco®	ivacaftor granules	Indicated for the treatment of CF in
		patients 2 years of age or older with one of
		the following CFTR mutations: G551D,
		G1244E, G1349D, G178R, G551S, S1251N,
		S1255P, S549N, S549R or R117H.
		Effective Date: 08/24/2015

Table 2: Products Not Added*

Brand Name	Generic Name	Preferred Alternatives	
Cresemba®	isavuconazonium sulfate	voriconazole	
Toujeo®	insulin glargine	Lantus, Levemir	
Elepsia™ XR	levetiracetam extended-release (ER)	carbamazepine, carbamazepine ER	
Zarxio™	filgrastim	Neupogen	
Corlanor®	ivabradine	Provider discretion	
Jadenu™	deferasirox	Exjade	
Cholbam®	cholic acid	Provider discretion	
Glatopa™	glatiramer acetate	Copaxone	
Aptensio™ XR	methylphenidate extended-release	methylphenidate ER, Methylin ER	
Tuzistra™	codeine polistirex and chlorpheniramine	Cheratussin AC, codeine-guaifenesin syrup,	
Tuzisti a	polistirex	benzonatate	
Flowtuss™	hydrocodone and guaifenesin	Cheratussin AC, Guaituss AC, Iophen C-NR,	
	my ar occurre and guarrenesin	codeine/guaifenesin oral liquid	

Hycofenix [™] guaifenesin, hydrocodone and pseudoephedrine		Guaifenesin DAC
Stiolto Respimat®	Tiotropium bromide and olodaterol	Provider discretion

^{*}Physicians may request coverage of these products using the Prescription Drug Medication Request Form, which can be accessed online in Highmark's Provider Resource Center; under *Provider Forms*, select *Miscellaneous Forms*, and select the form titled *Request for Non-Formulary Drug Coverage*.

B. Updates to the Pharmacy Utilization Management Programs

1. Updates to the Prior Authorization Program

Policy Name	Policy Effective Date*	Updates and/or Approval Criteria	
Corlanor (ivabradine)	08/24/2015	Policy aligned with FDA-approved indication and requires failure of or contraindication to maximum tolerated dose of two beta-blockers for heart failure.	
Cholbam (cholic acid)	08/24/2015	New policy created to require confirmation of FDA-approved indications for treating bile acid synthesis disorders due to single enzyme defects (SEDs) and as adjunctive therapy for peroxisomal disorders (PDs) including Zellweger spectrum disorders in patients who show liver disease manifestations, steatorrhea or complications from decreased fat soluble vitamin absorption.	
Provigil (modafinil) & Nuvigil (armodafinil)- BSBCD	06/04/2015	Policy was updated to remove Nuvigil (armodafinil) from fatigue associated with multiple sclerosis approval criteria.	
Savella (milnacipran) - Commercial Only	06/04/2015	Policy requirements updated to prior use of 2 agents for the treatment of fibromyalgia, one of which must include duloxetine.	
Actimmune (interferon gamma)	06/04/2015	Updated policy to clarify that idiopathic pulmonary fibrosis (IPF) is not a medically accepted indication (MAI) by removing it from the MAI list. Leishmaniasis and Metastatic Renal Cell Carcinoma were added as MAIs.	
Compound Medications	06/04/2015	Policy criteria revised to confirm trial of formulary products that are FDA approved for the diagnosis being treated.	
Korlym (mifepristone)	06/04/2015	Policy revised to clarify that coverage will not be permitted if Cushing's syndrome is due to an identifiable source (such as high dose corticosteroids). Additional criteria were added, to be aligned with studies, requiring failure of one diabetes therapy for patients with diabetes.	
Votrient (pazopanib)	06/04/2015	Policy revised with addition of language to clarify criteria for approval. Namely, the clarification states that one of the following criteria must be met for approval: • Pazopanib is to be used for the treatment of documented advanced renal cell carcinoma (RCC) <i>OR</i> • Pazopanib is to be used for the treatment of documented advanced soft-tissue sarcoma (excluding adipocytic soft tissue sarcoma and gastrointestinal stromal tumors) after failure of at least one prior chemotherapy regimen (e.g. doxorubicin, carboplatin, cyclophosphamide, dacarbazine, epirubicin, ifosfamide).	
Anabolic Steroids	06/04/2015	Policy criteria updated to be aligned with compendia-approved indications, which include:	

Policy Name	Policy Effective Date*	Updates and/or Approval Criteria	
		 Anadrol-50 (oxymetholone) Acquired aplastic anemia Anemia of chronic renal failure Myelosuppression induced by cancer chemotherapy Fanconi anemia Pure red cell aplasia Oxandrin (oxandrolone) Adjunctive therapy to promote weight gain after weight loss, following extensive surgery, chronic infections or severe trauma and in some patients who, without definite pathophysiologic reasons fail to gain or to maintain normal weight To offset the protein catabolism associated with prolonged administration of corticosteroids The relief of bone pain frequently accompanying osteoporosis 	
Anti-Obesity	06/04/2015	Policy limitations of coverage were revised by removing language that noted Qsymia must be obtained from a certified mail order pharmacy, as it can also be obtained at retail pharmacies.	
Zykadia (ceritinib)	06/04/2015	Policy criteria clarified to align with FDA-approved indication: • For the treatment of anaplastic lymphoma kinase (ALK) - positive metastatic non-small cell lung cancer (NSCLC) <i>AND</i> • There is documentation of failure on, or intolerance to, crizotinib (Xalkori)	
Miscellaneous Immunomodulators	06/04/2015	Policy criteria revised to align with new FDA-approved indication. Namely, an update was made to Pomalyst (pomalidomide) for the treatment of multiple myeloma, in combination with dexamethasone, in patients who have received at least 2 prior therapies including lenalidomide and a proteasome inhibitor and progressed on or within 60 days of last therapy.	
Cimzia (certolizumab) - Commercial Only	08/24/2015	Quantity limitation added, with intent of policy criteria remaining the same.	
Orencia (abatacept) - Commercial Only	08/24/2015	Quantity limitation added, with intent of policy criteria remaining the same.	
Kineret (anakinra) - Commercial Only	08/24/2015	Quantity limitation added, with intent of policy criteria remaining the same.	
Simponi (golimumab) - Commercial Only	08/24/2015	Quantity limitation added, with intent of policy criteria remaining the same.	
Enbrel (etanercept) - Commercial Only	08/24/2015	Quantity limitation added, with intent of policy criteria remaining the same.	
Humira (adalimumab) - Commercial Only	08/24/2015	Quantity limitation added, with intent of policy criteria remaining the same.	
Cosentyx (secukinumab)	08/24/2015	Quantity limitation added. Removal of step requirement for Enbrel, as Cosentyx has demonstrated superiority over Enbrel in a head-to-head trial.	
Actemra - Commercial Only	08/24/2015	Quantity limitation added, with the addition of approval criteria for tocilizumab in patients 2 years of age or older with active	

Policy Name	Policy Effective Date*	Updates and/or Approval Criteria	
		polyarticular juvenile idiopathic rheumatoid arthritis (PJIA) and active systemic juvenile idiopathic rheumatoid arthritis (SJIA).	
Stelara (ustekinumab) - Commercial Only	08/24/2015	Quantity limitation added, with intent of policy criteria remaining the same.	
Cystic fibrosis (CF) - Inhaled antibiotics	TBD	Policy aligned with FDA-approved indications for CF inhaled antibiotics, and to manage potential off-label utilization.	
New to Market Drug Policy	06/04/2015	Policy revised with added language related to FDA-approved maximum daily dosing.	
HP Acthar (repository corticotropin for injection)	08/24/2015	Quantity limitation added, with intent of policy criteria remaining the same.	
Hepatitis C – Commercial	TBD	Policy updated in preparation for the FDA approval of daclatasvir (Daklinza), a treatment for chronic hepatitis C genotype 3.	
C1 Esterase Inhibitors	TBD	New policy for C1 Esterase Inhibitor [human] (Cinryze), indicated for the management of routine prophylaxis of angioedema attacks in adolescent and adult patients with Hereditary Angioedema (HAE). Approval criteria created based on the different types of HAE.	
Pulmonary Arterial	TBD	Policy updated with the addition of two inhaled agents, Tyvaso and	
Hypertension -		Ventavis, for the treatment of Pulmonary Arterial Hypertension	
Commercial		(WHO Group 1) to ensure appropriate utilization that is in line with	
		FDA-approved indications. This addition was made after both agents were removed from the global exclusions list of medications.	
		alay panding internal review or approval	

^{*}All effective dates are tentative and subject to delay pending internal review or approval.

2. Updates to the Managed Prescription Drug Coverage (MRxC) Program

	Policy Effective	
Policy Name	Date	Updates and Automatic Approval Criteria*
Lyrica (pregabalin) -	06/04/2015	Policy updated to require the use of 2 agents for the treatment of
Commercial Only		fibromyalgia, one of which must include duloxetine.
Xifaxan 550mg	06/04/2015	Policy updated with the addition of step therapy with lactulose for
(rifaximin)		Hepatic Encephalopathy (HE), and new indication of treatment for
		irritable bowel syndrome with diarrhea (IBS-D) in adults.
Diabetic Blood Glucose	TBD	Policy updated to require step therapy of preferred test strips (Abbott
Testing Products		and LifeScan products) before use of all other non-preferred test strips.

^{*}All effective dates are tentative and subject to delay pending internal review or approval.
*Standard prior authorization criteria will apply for members who do not meet the automatic approval criteria.

3. Updates to the Non-Formulary (NF) Program

	Policy Effective	
Policy Name	Date	Updates and Automatic Approval Criteria**
General Non-Formulary	TBD	Updates related to ACA requirements for coverage of non-formulary
Request Criteria*		contraceptive therapies at no cost-share if medical necessity and trial and
		failure of at least one formulary alternative have been met.

4. Updates to the Quantity Level Limit Program

(Effective immediately upon completion of internal review and operationalization, unless otherwise noted)

Drug Name(retail)mail)Adderall® 5 mg408 tablets1080 tabletsAdderall® 7.5 mg272 tablets720 tabletsAdderall® 10 mg204 tablets540 tabletsAdderall® 12.5 mg170 tablets450 tabletsAdderall® 15 mg136 tablets360 tabletsAdderall® 20 mg102 tablets270 tabletsAdderall® 30 mg68 tablets180 tabletsAdvair Diskus®1 inhaler3 inhalersAdvair® HFA1 inhaler3 inhalersAerospan®2 inhalers6 inhalersAlvesco®1 inhaler3 inhalersAnoro™ Ellipta®1 inhaler3 inhalersAptensio™ XR34 capsules90 capsulesArnuity™ Ellipta®1 inhaler3 inhalersAsmanex® HFA 100 mcg, 200 mcg1 inhaler3 inhalersAsmanex® Twisthaler® 110 mcg1 inhaler3 inhalersAsmanex® Twisthaler® 120 mcg2 inhalers6 inhalers	(Effective immediately upon completion of	Up to 34-Day Supply Limit	35- to 90-Day Supply Limit (retail or
Adderall® 10 mg	Drug Name		
Adderall® 10 mg	Adderall® 5 mg	408 tablets	1080 tablets
Adderall® 12.5 mg	Adderall® 7.5 mg	272 tablets	720 tablets
Adderall® 15 mg 136 tablets 360 tablets Adderall® 20 mg 102 tablets 270 tablets Adderall® 30 mg 68 tablets 180 tablets Advair Diskus® 1 inhaler 3 inhalers Advair® HFA 1 inhaler 3 inhalers Aerospan® 2 inhalers 6 inhalers Alvesco® 1 inhaler 3 inhalers Alvesco® 1 inhaler 3 inhalers Anoro™ Ellipta® 1 inhaler 3 inhalers Aptensio™ XR 34 capsules 90 capsules Arnuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 100 mcg-25 mcg 60 blisters 180 blisters Concerta® 18 mg, 27 mg, 54 mg³ 34 tablets 90 tablets Daytran® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 5 pansule® 5 mg 408 capsules Dexedrine® 5pansule® 10 mg 204 tablets 540 tablets Dexedrine® 5pansule® 10 mg 204 capsules Dexedrine® 5pansule® 15 mg 136 capsules Diabetic Blood-Glucose Test Strips (All Brands)³ 150 test strips Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers	Adderall® 10 mg	204 tablets	540 tablets
Adderall® 20 mg 102 tablets 270 tablets Adderall® 30 mg 68 tablets 180 tablets Advair Diskus® 1 inhaler 3 inhalers Advair® HFA 1 inhaler 3 inhalers Advair® HFA 1 inhaler 3 inhalers Aerospan® 2 inhalers 6 inhalers Alvesco® 1 inhaler 3 inhalers Anoro™ Ellipta® 1 inhaler 3 inhalers Aptensio™ XR 34 capsules 90 capsules Armuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 100 mcg-25 mcg 60 blisters 180 blisters Concerta® 18 mg, 27 mg, 54 mg² 34 tablets 90 tablets Concerta® 36 mg² 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 5 pansule® 5 mg 408 capsules 1080 capsules Dexedrine® Spansule® 10 mg 204 tablets 540 capsules Dexedrine® Spansule® 15 mg 136 capsules Diabetic Blood-Glucose Test Strips (All Brands)¹0 Dulera® 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 150 mcg 4 inhalers 12 inhalers Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers	Adderall® 12.5 mg	170 tablets	450 tablets
Adderall® 30 mg 68 tablets 180 tablets Advair Diskus® 1 inhaler 3 inhalers Advair® HFA 1 inhaler 3 inhalers Aerospan® 2 inhalers 6 inhalers Alvesco® 1 inhaler 3 inhalers Anoro™ Ellipta® 1 inhaler 3 inhalers Aptensio™ XR 34 capsules 90 capsules Arnuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhaler 6 inhalers Breo® Ellipta® 100 mcg-25 mcg 60 blisters 180 blisters Concerta® 18 mg, 27 mg, 54 mg® 34 tablets 90 tablets Concerta® 36 mg® 68 tablets 180 tablets Daytrana® 34 patches 90 patches Descoyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 5 mg 408 capsules 540 capsules Dexedrine® Spansule® 10 mg 204 capsules Dexedrine® Spansule® 15 mg 136 capsules Douler® 1 inhaler 3 inhalers Flovent® 150 mcg, 100 mcg 1 inhaler Flovent® 150 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® 150 mcg, 110 mcg 1 inhaler 3 inhalers	Adderall® 15 mg	136 tablets	360 tablets
Advair Diskus® 1 inhaler 3 inhalers Advair® HFA 1 inhaler 3 inhalers Advair® HFA 1 inhaler 6 inhalers Alvesco® 1 inhaler 3 inhalers Alvesco® 1 inhaler 3 inhalers Anoro™ Ellipta® 1 inhaler 3 inhalers Aptensio™ XR 34 capsules 90 capsules Arnuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 6 ob blisters 180 blisters Concerta® 18 mg, 27 mg, 54 mg³ 34 tablets 90 tablets Concerta® 36 mg³ 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 5 mg 408 capsules Dexedrine® Spansule® 15 mg 136 capsules Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers	Adderall® 20 mg	102 tablets	270 tablets
Advair® HFA Aerospan® 2 inhalers 6 inhalers Alvesco® 1 inhaler 3 inhalers Anoro™ Ellipta® Aptensio™ XR Aptensio™ XR Ashanex® HFA 100 mcg, 200 mcg Ashanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Ashanex® Twisthaler® 110 mcg Ashanex® Twisthaler® 220 mcg 1 inhaler Ashanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Concerta® 18 mg, 27 mg, 54 mg³ Concerta® 36 mg³ Ashanex® 170 tablets Descayrn® 170 tablets 1080 tablets Descayrn® 170 tablets Descayrn® 170 tablets 1080 tablets Descayrn® 170 tablets 1080 tablets Descayrn® 170 tablets 1080 capsules Descayrn® 170 tablets 1080 capsules Descayrn® 1080 capsules Descayrn® 1080 capsules 1	Adderall® 30 mg	68 tablets	180 tablets
Aerospan® 2 inhalers 6 inhalers Alvesco® 1 inhaler 3 inhalers Anoro™ Ellipta® 1 inhaler 3 inhalers Aptensio™ XR 34 capsules 90 capsules Arnuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® TWisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 100 mcg, 25 mcg 60 blisters Concerta® 18 mg, 27 mg, 54 mg® 34 tablets 90 tablets Concerta® 36 mg® 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 10 mg 204 tablets 540 tablets Dexedrine® Spansule® 10 mg 204 capsules 1080 capsules Dexedrine® Spansule® 15 mg 136 capsules 360 capsules Diabetic Blood-Glucose Test Strips (All Brands)⁰ 150 test strips Dulera® 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers	Advair Diskus®	1 inhaler	3 inhalers
Alvesco® 1 inhaler 3 inhalers Anoro™ Ellipta® 1 inhaler 3 inhalers Aptensio™ XR 34 capsules 90 capsules Arnuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhalers Asmanex® Twisthaler® 220 mcg 60 blisters 180 blisters Concerta® 18 mg, 27 mg, 54 mg® 34 tablets 90 tablets Concerta® 36 mg® 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® Spansule® 5 mg 408 capsules Dexedrine® Spansule® 10 mg 204 capsules Dexedrine® Spansule® 15 mg 136 capsules Diabetic Blood-Glucose Test Strips (All Brands) Dulera® 1 inhaler 3 inhalers Flovent® 150 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers	Advair® HFA	1 inhaler	3 inhalers
Anoro™ Ellipta® 1 inhaler 3 inhalers Aptensio™ XR 34 capsules 90 capsules Arnuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 100 mcg-25 mcg 60 blisters 180 blisters Concerta® 18 mg, 27 mg, 54 mg® 34 tablets 90 tablets Concerta® 36 mg® 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® Spansule® 5 mg 408 capsules Dexedrine® Spansule® 10 mg 204 tablets 540 capsules Dexedrine® Spansule® 15 mg 136 capsules Dexedrine® Spansule® 15 mg 136 capsules Diabetic Blood-Glucose Test Strips (All Brands)¹b 150 test strips Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers	Aerospan®	2 inhalers	6 inhalers
Aptensio™ XR Arnuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 100 mcg-25 mcg 6 oblisters Concerta® 18 mg, 27 mg, 54 mg® Concerta® 36 mg® 68 tablets Daytrana® 34 patches Desoxyn® 170 tablets Dexedrine® 5 mg 408 tablets Dexedrine® Spansule® 10 mg Dexedrine® Spansule® 10 mg Dexedrine® Spansule® 15 mg Dexedrine® Spansule® 15 mg Diabetic Blood-Glucose Test Strips (All Brands) Brovent® HFA 44 mcg, 110 mcg 1 inhaler 1 inhaler 3 inhalers 90 capsules 90 tablets 90 patches 90	Alvesco®	1 inhaler	3 inhalers
Arnuity™ Ellipta® 1 inhaler 3 inhalers Asmanex® HFA 100 mcg, 200 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 100 mcg-25 mcg 60 blisters 180 blisters Concerta® 18 mg, 27 mg, 54 mg® 34 tablets 90 tablets Concerta® 36 mg® 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 10 mg 204 tablets 540 tablets Dexedrine® Spansule® 5 mg 408 capsules 1080 capsules Dexedrine® Spansule® 10 mg 204 capsules 360 capsules Dexedrine® Spansule® 15 mg 136 capsules 360 capsules Diabetic Blood-Glucose Test Strips (All Brands)¹b 150 test strips Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 150 mcg 1 inhaler 3 inhalers Flovent® 150 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers	Anoro™ Ellipta®	1 inhaler	3 inhalers
Asmanex® HFA 100 mcg, 200 mcg Asmanex® Twisthaler® 110 mcg Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 100 mcg-25 mcg Concerta® 18 mg, 27 mg, 54 mg® Boutrana® Boutrana B	Aptensio™ XR	34 capsules	90 capsules
Asmanex® Twisthaler® 110 mcg 1 inhaler 3 inhalers Asmanex® Twisthaler® 220 mcg 2 inhalers 6 inhalers Breo® Ellipta® 100 mcg-25 mcg 60 blisters 180 blisters Concerta® 18 mg, 27 mg, 54 mg® 34 tablets 90 tablets Concerta® 36 mg® 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® Spansule® 5 mg 408 capsules Dexedrine® Spansule® 10 mg 204 capsules Dexedrine® Spansule® 15 mg 136 capsules Dexedrine® Spansule® 15 mg 150 test strips Diabetic Blood-Glucose Test Strips (All Brands) Dulera® 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 1250 mcg 4 inhalers 12 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg, 110 mcg 1 inhaler 3 inhalers	Arnuity™ Ellipta®	1 inhaler	3 inhalers
Asmanex® Twisthaler® 220 mcg Breo® Ellipta® 100 mcg-25 mcg Goncerta® 18 mg, 27 mg, 54 mg³ Concerta® 36 mg³ Goncerta® 450 tablets Dexedrine® 5 mg Goncerta® 408 capsules Dexedrine® 5 mg Goncerta® 408 capsules Dexedrine® 5 mg Goncerta® 540 capsules Dexedrine® 5 mg Goncerta® 136 capsules Dexedrine® 5 mg Goncerta® 136 capsules Diabetic Blood-Glucose Test Strips (All Brands)³ Goncerta® 150 test strips Goncerta® 450 test strips Flovent® 50 mcg, 100 mcg Goncerta® 4 inhalers Flovent® 250 mcg Goncerta® 4 inhalers Goncerta® 5 inhalers Flovent® HFA 44 mcg, 110 mcg Goncerta® 5 inhalers Goncerta® 5 inhal	Asmanex® HFA 100 mcg, 200 mcg	1 inhaler	3 inhalers
Breo® Ellipta® 100 mcg-25 mcg Concerta® 18 mg, 27 mg, 54 mg³ 34 tablets 90 tablets Concerta® 18 mg, 27 mg, 54 mg³ 68 tablets 180 tablets Daytrana® 34 patches 99 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® Spansule® 5 mg 408 capsules Dexedrine® Spansule® 10 mg 204 tablets Dexedrine® Spansule® 10 mg 204 capsules Dexedrine® Spansule® 15 mg 136 capsules Diabetic Blood-Glucose Test Strips (All Brands)® Dulera® 1 inhaler Flovent® 50 mcg, 100 mcg 1 inhalers Flovent® 250 mcg 4 inhalers 1 inhaler 3 inhalers Flovent® 150 mcg, 110 mcg 1 inhaler 3 inhalers Flovent® 150 mcg 1 inhaler 3 inhalers 12 inhalers Flovent® 150 mcg 1 inhaler 3 inhalers	Asmanex® Twisthaler® 110 mcg	1 inhaler	3 inhalers
Concerta® 18 mg, 27 mg, 54 mg³ 34 tablets 90 tablets Concerta® 36 mg³ 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 10 mg 204 tablets 540 tablets Dexedrine® Spansule® 5 mg 408 capsules 1080 capsules Dexedrine® Spansule® 10 mg 204 capsules 540 capsules Dexedrine® Spansule® 15 mg 136 capsules 360 capsules Diabetic Blood-Glucose Test Strips (All Brands) Dulera® 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 4 inhalers Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers	Asmanex® Twisthaler® 220 mcg	2 inhalers	6 inhalers
Concerta® 36 mg³ 68 tablets 180 tablets Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 10 mg 204 tablets 540 tablets Dexedrine® Spansule® 5 mg 408 capsules 1080 capsules Dexedrine® Spansule® 10 mg 204 capsules 540 capsules Dexedrine® Spansule® 15 mg 136 capsules 360 capsules Diabetic Blood-Glucose Test Strips (All Brands) ^b 150 test strips Dulera® 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 110 mcg 1 inhaler 3 inhalers Flovent® 110 mcg 1 inhaler 3 inhalers	Breo® Ellipta® 100 mcg-25 mcg	60 blisters	180 blisters
Daytrana® 34 patches 90 patches Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 10 mg 204 tablets 540 tablets Dexedrine® Spansule® 5 mg 408 capsules Dexedrine® Spansule® 10 mg 204 capsules Dexedrine® Spansule® 10 mg 204 capsules Dexedrine® Spansule® 15 mg 136 capsules Diabetic Blood-Glucose Test Strips (All Brands) ^b 150 test strips Dulera® 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 250 mcg 4 inhalers 12 inhalers Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers	Concerta [®] 18 mg, 27 mg, 54 mg ^a	34 tablets	90 tablets
Desoxyn® 170 tablets 450 tablets Dexedrine® 5 mg 408 tablets 1080 tablets Dexedrine® 10 mg 204 tablets 540 tablets Dexedrine® Spansule® 5 mg 408 capsules 1080 capsules Dexedrine® Spansule® 10 mg 204 capsules 540 capsules Dexedrine® Spansule® 15 mg 136 capsules 360 capsules Diabetic Blood-Glucose Test Strips (All Brands) ^b 150 test strips 450 test strips Dulera® 1 inhaler 3 inhalers Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 250 mcg 4 inhalers 12 inhalers Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers	Concerta® 36 mg ^a	68 tablets	180 tablets
Dexedrine® 5 mg Dexedrine® 10 mg Dexedrine® Spansule® 5 mg Dexedrine® Spansule® 5 mg Dexedrine® Spansule® 10 mg Dexedrine® Spansule® 10 mg Dexedrine® Spansule® 10 mg Dexedrine® Spansule® 15 mg Dexedrine® Spansule® 15 mg Diabetic Blood-Glucose Test Strips (All Brands)b Dulera® Dulera® Tinhaler Tlovent® 50 mcg, 100 mcg Tlovent® 250 mcg Tlovent® 11 inhaler Tlovent® 12 inhalers Tlovent® 12 inhalers Tlovent® 13 inhalers Tlovent® 15 mcg Tlovent® 1	Daytrana [®]	34 patches	90 patches
Dexedrine® 10 mg204 tablets540 tabletsDexedrine® Spansule® 5 mg408 capsules1080 capsulesDexedrine® Spansule® 10 mg204 capsules540 capsulesDexedrine® Spansule® 15 mg136 capsules360 capsulesDiabetic Blood-Glucose Test Strips (All Brands)b150 test strips450 test stripsDulera®1 inhaler3 inhalersFlovent® 50 mcg, 100 mcg1 inhaler3 inhalersFlovent® 250 mcg4 inhalers12 inhalersFlovent® HFA 44 mcg , 110 mcg1 inhaler3 inhalers	Desoxyn [®]	170 tablets	450 tablets
Dexedrine® Spansule® 5 mg Dexedrine® Spansule® 10 mg Dexedrine® Spansule® 10 mg Dexedrine® Spansule® 15 mg Dexedrine® Spansule® 15 mg Dexedrine® Spansule® 15 mg Diabetic Blood-Glucose Test Strips (All Brands) ^b Dulera® Dulera® Tinhaler Tlovent® 50 mcg, 100 mcg Tlovent® 250 mcg Tlovent® 110 mcg Tlovent® HFA 44 mcg, 110 mcg Tinhaler Tlovent® HFA 44 mcg, 110 mcg Tinhaler Tlovent® 110 mcg Tinhaler Tlovent® 12 inhalers Tlovent® 13 inhalers Tlovent® 13 inhalers Tlovent® 150 mcg Tinhaler Tlovent® 150 mcg Tlovent® 15	Dexedrine® 5 mg	408 tablets	1080 tablets
Dexedrine® Spansule® 10 mg Dexedrine® Spansule® 15 mg Diabetic Blood-Glucose Test Strips (All Brands)b Dulera® Flovent® 50 mcg, 100 mcg Flovent® 250 mcg Flovent® 44 mcg , 110 mcg To mean and a spansules 136 capsules 150 test strips 15	Dexedrine® 10 mg	204 tablets	540 tablets
Dexedrine® Spansule® 15 mg Diabetic Blood-Glucose Test Strips (All Brands) ^b Dulera® Flovent® 50 mcg, 100 mcg Flovent® 250 mcg Flovent® HFA 44 mcg , 110 mcg 136 capsules 150 test strips 1 inhaler 3 inhalers 1 inhalers 12 inhalers 3 inhalers	Dexedrine® Spansule® 5 mg	408 capsules	1080 capsules
Diabetic Blood-Glucose Test Strips (All Brands) ^b Dulera [®] Flovent [®] 50 mcg, 100 mcg Flovent [®] 250 mcg Flovent [®] 250 mcg Flovent [®] HFA 44 mcg , 110 mcg 150 test strips 450 test strips 3 inhalers 3 inhalers 12 inhalers 13 inhalers 13 inhalers 13 inhalers	Dexedrine® Spansule® 10 mg	204 capsules	540 capsules
Brands) ^b Dulera® 1 inhaler Flovent® 50 mcg, 100 mcg 1 inhaler 1 inhaler 3 inhalers 1 inhaler 3 inhalers 1 inhaler 3 inhalers 1 inhalers 1 inhalers 1 inhalers 1 inhalers 3 inhalers 1 inhalers 1 inhalers 3 inhalers	Dexedrine® Spansule® 15 mg	Dexedrine® Spansule® 15 mg 136 capsules 36	
Flovent® 50 mcg, 100 mcg 1 inhaler 3 inhalers Flovent® 250 mcg 4 inhalers 12 inhalers Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers		150 test strips	450 test strips
Flovent® 250 mcg 4 inhalers 12 inhalers Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers	Dulera®	1 inhaler 3 inhalers	
Flovent® HFA 44 mcg , 110 mcg 1 inhaler 3 inhalers	Flovent® 50 mcg, 100 mcg	1 inhaler	3 inhalers
	Flovent® 250 mcg	4 inhalers	12 inhalers
Flovent® HFA 220 mcg 2 inhalers 6 inhalers	Flovent® HFA 44 mcg , 110 mcg	1 inhaler	3 inhalers
	Flovent® HFA 220 mcg	2 inhalers	6 inhalers

^{*}Policy applies to commercial plans with closed formulary
**All effective dates are tentative and subject to delay pending internal review or approval.

Focalin® 2.5 mg	272 tablets	720 tablets	
Focalin® 5 mg	136 tablets	360 tablets	
Focalin® 10 mg	68 tablets	180 tablets	
Focalin XR®	34 capsules	90 capsules	
Ibrance®	21 capsules	63 capsules	
Intuniv® 1 mg	238 tablets	630 tablets	
Intuniv® 2 mg	102 tablets	270 tablets	
Intuniv® 3 mg	68 tablets	180 tablets	
Intuniv® 4 mg	34 tablets	90 tablets	
Kalydeco®	68 tablets/packets	180 tablets/packets	
Kapvay® 0.1 mg	136 tablets	360 tablets	
Kapvay® 0.2 mg	68 tablets	180 tablets	
Lumigan® 0.01%	1 ophthalmic solution	3 ophthalmic solutions	
Metadate® ER 10 mg	204 tablets	540 tablets	
Metadate® ER 20 mg	102 tablets	270 tablets	
Methylin® 2.5 mg	816 chewable tablets	2160 chewable tablets	
Methylin® 5 mg	408 chewable tablets	1080 chewable tablets	
Methylin® 10 mg	204 chewable tablets	540 chewable tablets	
Methylin® 5 mg	408 tablets	1080 tablets	
Methylin® 10 mg	204 tablets 540 tablets		
Methylin® 20 mg	102 tablets	270 tablets	
Procentra®	2040 mL	5400 mL	
Pulmicort Flexhaler® 90 mcg	1 inhaler	3 inhalers	
Pulmicort Flexhaler® 180 mcg	2 inhalers	6 inhalers	
Quillivant XR®	408 mL	1080 mL	
Qvar® 40 mcg, 80 mcg	2 inhalers	6 inhalers	
Savaysa™ 15 mg, 30 mg, 60 mg	34 tablets	90 tablets	
Stiolto® Respimat	1 inhaler	3 inhalers	
Strattera® 10 mg	340 capsules	900 capsules	
Strattera® 18 mg	204 capsules	540 capsules	
Strattera® 25 mg	136 capsules	360 capsules	
Strattera® 40 mg	102 capsules	270 capsules	
Strattera® 60 mg	68 capsules	180 capsules	
Strattera® 80 mg	34 capsules	90 capsules	
Strattera® 100 mg	34 capsules	90 capsules	
Symbicort® 80mcg-4.5mcg, 160mcg-	1 inhalar	2 inhalars	
4.5mcg	1 inhaler	3 inhalers	
Travatan®	1 ophthalmic solution	3 ophthalmic solutions	
Travatan Z [®]	1 ophthalmic solution	3 ophthalmic solutions	
Xalatan® 1 ophthalmic solution 3 ophthalmi		3 ophthalmic solutions	
Zenzedi® 2.5 mg 816 tablets 2160 tablet		2160 tablets	
Zenzedi® 5 mg	Zenzedi® 5 mg 408 tablets 1080 tablets		
Zenzedi [®] 7.5 mg	272 tablets	720 tablets	
Zenzedi® 10 mg	204 tablets	540 tablets	
Zenzedi® 15 mg	136 tablets	360 tablets	
Zenzedi® 20 mg	102 tablets	270 tablets	

Zenzedi® 30 mg	68 tablets	180 tablets
Zioptan [®]	34 pouches	90 pouches
	Cystic Fibrosis Antibiotic Therapy	
Bethkis® 56 ampules per 56 rolling days		56 ampules per 56 rolling days
Cayston [®]	1 kit per 56 rolling days	1 kit per 56 rolling days
Kitabis® Pak	1 kit per 56 rolling days	1 kit per 56 rolling days
Pulmozyme® ampules	150 MLs	450 MLs
Tobi [®]	56 ampules per 56 rolling days	56 ampules per 56 rolling days
Tobi® Podhaler™	224 capsules per 56 rolling days	224 capsules per 56 rolling days
tobramycin inhalation solution	56 ampules per 56 rolling days	56 ampules per 56 rolling days

^{*}Standard prior authorization criteria will apply for members who do not meet the automatic approval criteria, if applicable.

Maximum day's supply on certain medications may vary depending on member benefit design

5. Updates to Quantity Level Limits for Biologic Response Modifier Agents

Drugs Impacted by Quantity Limit	Initial Therapy ^a	Maintenance Therapy ^b	28 days of Therapy ^e	84 days of Therapy ^e
	Subcutaneous Biologic R	esponse Modifier Med	lications ^c	
Actemra® (tocilizumab)	1 syringe one	ce weekly	4 syringes	12 syringes
Cimzia® (certolizumab)	10 syringes in first 12 weeks	2 syringes every 4 weeks	2 syringes Starter Kit (1 unit) per 365 days	6 syringes Starter Kit (1 unit) per 365 days
Cosentyx® (secukinumab)	10 pens/syringes in first 4 weeks	2 pens/syringes every 4 weeks	2 pens/syringes	6 syringes
Enbrel® (etanercept) ^d	AS, JIA, PsA, RA*: 50 mg once weekly		Enbrel 50 mg - 4 syringes	Enbrel 50 mg - 12 syringes
Librei (etaliercept)	Ps*: 1,200 mg in first 12 weeks	Ps*: 50 mg once weekly	Enbrel 25 mg - 8 syringes	Enbrel 25 mg - 24 syringes
	RA, PsA, AS*: 40 mg	every other week		
	 JIA* 22 lbs32 lbs.: 10 mg every other week 33 lbs65 lbs.: 20 mg every other week 			
Humira® (adalimumab) ^d	≥66 lbs.: 40 mg every UC, CD*: 240 mg in first 4 weeks	other week UC,CD*:40 mg every other week	2 syringes	6 syringes
	pCD*: • 37 lbs. to 88 lbs.: 120 mg in first 4 weeks • ≥88 lbs.: 240 mg in first 4 weeks	pCD*: • 37 lbs. to 88 lbs.: 20 mg every other week • ≥88 lbs.: 40 mg every other	Humira Pen/Syringe CD/UC; pCD; Ps* - Starter Kit (1 unit) per 365 days	Humira Pen/Syringe CD/UC; pCD; Ps* - Starter Kit (1 unit) per 365 days

a Coverage for these products is limited to a certain quantity per day. The quantity per day limit can be calculated by dividing the 34 day unit limit by 34 days. For example, a limit of 68 tablets per 34 day fill limit means the product is limited to two tablets per day. This limit applies to all prescriptions, regardless of days' supply.

b Coverage for requests exceeding the defined quantity level limits can be submitted for clinical review.

Drugs Impacted by Quantity Limit	Initial Therapy ^a	Maintenance Therapy ^b	28 days of Therapy ^e	84 days of Therapy ^e
		week		
	Ps*: 80 mg in first week	Ps*: 40 mg every other week		
Kineret® (anakinra)	1 syringe once daily		28 syringes	84 syringes
Orencia® (abatacept)	1 syringe once weekly		4 syringes	12 syringes
Stelara® (ustekinumab)	2 syringes in first 4 weeks	1 syringe every 12 weeks	1 syringe per 84 days	
	AS, PsA, RA*: 1 syringe every 4 weeks			
Simponi® (golimumab)	UC*: 6 syringes in first 12 weeks	UC*: 1 syringe every 4 weeks	1 syringe	3 syringes

^{*}Key: AS = Ankylosing spondylitis; PsA = psoriatic arthritis; RA = rheumatoid arthritis; UC = ulcerative colitis; JIA = juvenile idiopathic arthritis; CD = Crohn's Disease; pCD = pediatric Crohn's Disease; Ps = chronic plaque psoriasis

^a Initial therapy corresponds to patients who are new to therapy and will undergo loading dose(s) or titration dose per FDA dosage and administration

^b Maximum day's supply may vary depending on member benefit design

^c Coverage for requests exceeding the defined quantity level limits can be submitted for clinical review

^d Quantity limits displayed in (mg) strength due to varying dosage forms and strengths

^e Number of syringes provided are based on maintenance therapy dose. Initial therapy quantities will require PLA.

Highmark's Retail Pharmacy Networks to Change in 2016

Starting Jan. 1, 2016, Highmark will change our three pharmacy networks through which our members purchase prescription medications at the retail point of sale.

The changes — namely which retail pharmacies are in each network — are intended to save pharmacy costs for our group customers who buy Highmark coverage for their employees and/or retirees. Also, the improvements are being made to keep our members' out-of-pocket medication costs in check and offer them access to quality pharmacy networks.

Following is a brief summary of the changes that will be taking place for each of our major pharmacy networks in 2016.

National Plus Network

- As of Jan. 1, 2016, our broadest pharmacy network, which is now called "Premier Delaware," will become the "National Plus" network.
- Highmark members transitioning from Premier Delaware to National Plus won't see any major changes for 2016; however, some smaller, independent pharmacies will no longer be in the network.

What You Need to Know

As a result of the pharmacy network changes, your Highmark patients' preferred pharmacies on file may change as of Jan. 1, 2016. So, before transmitting an electronic prescription to a pharmacy, please ask the Highmark patient which pharmacy he/she wishes to use. Please confirm and/or update the preferred pharmacy information in the patient's records for future use and to avoid delays or disruption in his/her receipt of medications.

Please note, however, that for existing/current prescriptions that overlap from 2015 into 2016, members won't need a new prescription if their pharmacy is no longer in the network next year. Members simply need to call or visit their new network pharmacy as of Jan. 1, 2016, and provide the pharmacist with their information to transfer the existing prescription from their old pharmacy.

Educating Our Members

Highmark is educating our members about the 2016 pharmacy network changes through information in benefit open enrollment booklets and on their member website. Additionally, a mailing will be sent to some members' homes in November.

*It was announced recently that CVS has acquired Target pharmacies. In the months ahead, Highmark will advise members regarding any change in Target's network pharmacy participation for 2016.