



**O**ur services are designed to support patients who are managing serious and complex health conditions. This valuable program is already included in your medical benefits — free of charge. Aspire’s in-home nurse practitioners can help ease a patient’s burden and provide relief from the stress of dealing with these types of conditions. We want to make managing your health easier for you.



## **We’re Here Anytime You Need Us**

Aspire Health provides “on call” support to patients and their families. If questions or concerns occur, patients can call Aspire representatives, 24 hours a day, 7 days a week. Pennsylvania residents call 877-317-0216. West Virginia residents call 844-337-4040.

**Learn more at [aspirehealthcare.com](https://aspirehealthcare.com)**

Aspire Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 844-232-0500 (TTY: 711). **注意:** 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 844-232-0500 (TTY: 711).

**Aspire**  
Health

**Providing  
an extra layer  
of support to  
patients facing a  
serious illness**



**Aspire**  
Health

Living with a serious or chronic illness can be overwhelming to manage. There are difficult decisions to make, and often many visits to the hospital or emergency room.

Aspire Health offers patients peace of mind and extra support — free of charge in the comfort and privacy of their own homes.

### **Join Today**

An Aspire team member will reach out and arrange the first in-home meeting, or patients may call 877-317-0216 in Pennsylvania or 844-337-4040 in West Virginia to self-enroll.



## We Make Care Easier

Nurse practitioners provide in-home assistance with health care needs and issues, and coordinate care with patients' Primary Care Physicians (PCPs). They can answer questions about the care being provided, manage symptoms, help control health care cost, and manage prescriptions.

## For those who may need enhanced services in the future, Aspire offers:

- An Aspire doctor who works hand-in-hand with the patient's current doctors
- A team of physicians, nurse practitioners, registered nurses, pharmacists, social workers, and chaplains
- Advance care planning to ensure that the patients' care goals are met

