

NOCD

WHAT IS NOCD?

NOCD is a telehealth provider that specializes in obsessive-compulsive disorder (OCD). NOCD provides individuals with live one-on-one video therapy with Exposure and Response Prevention (ERP)-trained therapists, access to a peer community, and a personalized self-management tool.

WHO IS ELIGIBLE?

NOCD is available to Commercial and ACA members in Pennsylvania who are 5 years or older.

HOW DO I REFER A PATIENT TO NOCD?

There are two options to refer a patient:

- Refer via the [website](#)
- Warm transfer the member to the NOCD team at: 312-766-6780

CAN A PATIENT SIGN UP ON THEIR OWN?

Yes, there are two options for a self-referral:

- Schedule an appointment via the [website](#)
- Contact the NOCD team at: **312-766-6780**

MORE INFORMATION

For more information on NOCD, you can:

- Visit www.treatmyocd.com



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