

**Cardiovascular**

Single Organ System Exam – 1997

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<b>CONTENT AND DOCUMENTATION REQUIREMENTS</b>	<u>Level of Exam</u>	<u>Perform and Document</u>
	Problem Focused Expanded Problem Focused Detailed Comprehensive	One to five elements identified by a bullet. At least six elements identified by a bullet. At least twelve elements identified by a bullet. Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box.

<b>SYSTEM/BODY AREA ELEMENTS OF EXAMINATION</b>	
Constitutional	<ul style="list-style-type: none"> <li>Measurement of an three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)</li> <li>General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming</li> </ul>
Eyes	<ul style="list-style-type: none"> <li>Inspection of conjunctivae and lids e.g. xanthelasma</li> </ul>
Ears, nose, Mouth & throat	<ul style="list-style-type: none"> <li>Inspection of teeth, gums and palate</li> <li>Inspection of oral mucosa with notation of presence of pallor or cyanosis</li> </ul>
Neck	<ul style="list-style-type: none"> <li>Examination of jugular veins e.g. distension; a, v or cannon A waves</li> <li>Examination of thyroid e.g. enlargement, tenderness, mass</li> </ul>
Respiratory	<ul style="list-style-type: none"> <li>Assessment of respiratory effort e.g. intercostals retractions, use of accessory muscles, diaphragmatic movement</li> <li>Auscultation of lungs e.g. breath sounds, adventitious sounds rurs</li> </ul>
Cardiovascular	<ul style="list-style-type: none"> <li>Palpation of heart e.g. location, size and forcefulness of the point of maximal impact; thrills; lifts; palpable S3 or S4</li> <li>Auscultation of heart including sounds, abnormal sounds and murmurs</li> <li>Measurement of blood pressure in two or more extremities when indicated e.g. aortic dissection, coarctation</li> </ul> <p>Examination of:</p> <ul style="list-style-type: none"> <li>Carotid arteries e. g. waveform, pulse amplitude, bruits, apical-carotid delay</li> <li>Abdominal aorta e.g. size, bruits</li> <li>Femoral arteries e.g. pulse amplitude, bruits</li> <li>Pedal pulses e.g. pulse amplitude</li> <li>Extremities for peripheral edema and/or varicosities</li> </ul>
Gastrointestinal (abdomen)	<ul style="list-style-type: none"> <li>Examination of abdomen with notation of presence of masses or tenderness</li> <li>Examination of liver and spleen</li> <li>Obtain stool sample for occult blood test from patients who are being considered for thrombolytic or anticoagulant therapy</li> </ul>
Musculoskeletal	<ul style="list-style-type: none"> <li>Examination of the back with notation of kyphosis or scoliosis</li> <li>Examination of gait with notation of ability to undergo exercise testing and/or participation in exercise programs</li> <li>Assessment of muscle strength and tone e.g. flaccid, cog wheel, spastic with notation of any atrophy or abnormal movements</li> </ul>
Extremities	<ul style="list-style-type: none"> <li>Inspection and palpation of digits and nails e.g. clubbing, cyanosis, inflammation, petechiae, ischemia, infection, Osler's nodes</li> </ul>
Skin	<ul style="list-style-type: none"> <li>Inspection and/or palpation of skin and subcutaneous tissue e.g. stasis dermatitis, ulcers, scars, xanthomas</li> </ul>
Neurological/ Psychiatric	<p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> <li>Orientation to time, place and person</li> <li>Mood and affect e.g. depression, anxiety, agitation</li> </ul>