

**Ear, Nose and Throat**

Single Organ System Exam – 1997

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<b>CONTENT AND DOCUMENTATION REQUIREMENTS</b>	<u>Level of Exam</u>	<u>Perform and Document</u>
	Problem Focused	One to five elements identified by a bullet.
	Expanded Problem Focused	At least six elements identified by a bullet.
	Detailed	At least twelve elements identified by a bullet.
	Comprehensive	Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box.

<b>SYSTEM/BODY AREA    ELEMENTS OF EXAMINATION</b>	
Constitutional	<ul style="list-style-type: none"> <li>• Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)</li> <li>• General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming.</li> <li>• Assessment of ability to communicate e.g. use of sign language or other communication aides and quality of voice</li> </ul>
Head & Face	<ul style="list-style-type: none"> <li>• Inspection of head and face e.g. overall appearance, scars, lesions, and masses</li> <li>• Palpation and/or percussion of face with notation of presence or absence of sinus tenderness</li> <li>• Examination of salivary glands</li> <li>• Assessment of facial strength</li> </ul>
Eyes	<ul style="list-style-type: none"> <li>• Test ocular motility including primary gaze alignment</li> </ul>
Ears, nose, mouth & throat	<ul style="list-style-type: none"> <li>• Otoscopic examination of external auditory canals and tympanic membranes including pneumo-otoscopy with notation of mobility of membranes</li> <li>• Assessment of hearing with tuning fork and clinical speech reception thresholds e.g. whispered voice, finger rub</li> <li>• External inspection of ears and nose e.g. overall appearance, scars, lesions, masses</li> <li>• Inspection of nasal mucosa, septum and turbinates</li> <li>• Inspection of lips, teeth and gums</li> <li>• Examination of oropharynx: oral mucosa, hard and soft palates, tongue and posterior pharynx e.g. asymmetry, lesions, hydration of mucosal surfaces</li> <li>• Inspection of pharyngeal walls and pyriform sinuses e.g. pooling of saliva, asymmetry, lesions</li> <li>• Examination of mirror of larynx (use of mirror not required in children)</li> <li>• Examination by mirror of nasopharynx including appearance of the mucosa, adenoids, posterior choanae and Eustachian tubes (use of mirror not required in children)</li> </ul>
Neck	<ul style="list-style-type: none"> <li>• Examination of neck e.g. masses, overall appearance, symmetry, tracheal position, crepitus</li> <li>• Examination of thyroid e.g. enlargement, tenderness, mass</li> </ul>
Respiratory	<ul style="list-style-type: none"> <li>• Inspection of chest including symmetry, expansion and/or assessment of respiratory effort e/g intercostals retractions, use of accessory muscles, diaphragmatic movement</li> <li>• Auscultation of lungs e.g. breath sounds, adventitious sound, rubs</li> </ul>
Cardiovascular	<ul style="list-style-type: none"> <li>• Auscultation of heart including sounds, abnormal sounds and murmurs</li> <li>• Examination of peripheral vascular system by observation e.g. swelling, varicosities and palpation e.g. pulse, temperature, edema, tenderness</li> </ul>
Lymphatic	<ul style="list-style-type: none"> <li>• Palpation of lymph nodes in neck, axillae, groin and/or other locations</li> </ul>
Neurological/Psychiatric	<ul style="list-style-type: none"> <li>• Test cranial nerves with notation of any deficits</li> <li>• Brief assessment of mental status including: <ul style="list-style-type: none"> <li>• Orientation to time, place and person</li> <li>• Mood and affect e.g. depression, anxiety, agitation</li> </ul> </li> </ul>