

**General Multi-system Exam – 1997**

<b>CONTENT AND DOCUMENTATION REQUIREMENTS</b>	<u>Level of Exam</u>	<u>Perform and Document</u>
	Problem Focused	One to five elements identified by a bullet.
	Expanded Problem Focused	At least six elements identified by a bullet.
	Detailed	At least two elements identified by a bullet from each six areas /Systems OR at least twelve elements identified by a bullet in two or more areas/systems.
Comprehensive	2 elements in 9 systems/area for Gen Multi System exam OR All elements identified by a bullet in each major system, and one element in each minor system.	

SYSTEM / BODY AREA	ELEMENTS OF EXAMINATION
Constitutional	<ul style="list-style-type: none"> <li>Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)</li> <li>General appearance of patient e.g. development, nutrition, body habitus, deformities attention to grooming</li> </ul>
Eyes	<ul style="list-style-type: none"> <li>Inspection of conjunctivae and lids</li> <li>Examination of pupils and irises e.g. reaction to light and Accommodation, size and symmetry</li> <li>Ophthalmoscopic examination of optic discs e.g. size, C/D Ratio, appearance and posterior segments e.g. vessel Changes, exudates, hemorrhage</li> </ul>
Ears, nose, Mouth & Throat	<ul style="list-style-type: none"> <li>External inspection of ears and nose e.g. overall Appearance, scars, lesions, masses</li> <li>Otoscopic examination of external auditory canals and Tympanic membranes</li> <li>Assessment of hearing e.g. whispered voice, finger Rub, tuning fork</li> <li>Inspection of nasal mucosa, septum and turbinates</li> <li>Inspection of lips, teeth and gums</li> <li>Examination of oropharynx: oral mucosa, salivary glands Hard and soft palates, tongue, tonsils and posterior pharynx</li> </ul>
Neck	<ul style="list-style-type: none"> <li>Examination of neck e.g. masses, overall appearance, Symmetry, tracheal position, crepitus</li> <li>Examination of thyroid e.g. enlargement, tenderness, mass</li> </ul>
Respiratory	<ul style="list-style-type: none"> <li>Assessment of respiratory effort e.g. intercostals Retractions, use of accessory muscles, diaphragmatic movement</li> <li>Percussion of chest e.g. dullness, flatness, hyper Resonance</li> <li>Palpation of chest e.g. tactile fremitus</li> <li>Auscultation of lungs e.g. breath sounds, adventitious Sounds, rubs</li> </ul>
Cardiovascular	<ul style="list-style-type: none"> <li>Palpation of heart e.g. location, size, thrills</li> <li>Auscultation of heart with notation of abnormal sounds And murmurs</li> <li>Examination of: <ul style="list-style-type: none"> <li>Carotid arteries e.g. pulse amplitude, bruits,</li> <li>Abdominal aorta e.g. size, bruits</li> <li>Femoral arteries e.g. pulse amplitude, bruits</li> <li>Pedal pulses e.g. pulse amplitude</li> <li>Extremities for edema and/or varicosities</li> </ul> </li> </ul>
Chest (breasts)	<ul style="list-style-type: none"> <li>Inspection of breasts e.g. symmetry, nipple discharge</li> <li>Palpation of breasts and axillae e.g. masses or lumps Tenderness</li> </ul>
Gastrointestinal (abdomen)	<ul style="list-style-type: none"> <li>Examination of abdomen with notation of presence of Masses or tenderness</li> <li>Examination of liver and spleen</li> <li>Examination for presence or absence of hernia</li> <li>Examination of anus, perineum and rectum, including Sphincter tone, presence of hemorrhoids, rectal masses</li> <li>Obtain stool sample for occult blood test when indicated</li> </ul>

SYSTEM / BODY AREA	ELEMENTS OF EXAMINATION
Genitourinary (male)	<ul style="list-style-type: none"> <li>Examination of the scrotal contents e.g. hydrocele, Spermatocele, tenderness or cord, testicular mass</li> <li>Examination of the penis</li> <li>Digital rectal examination of prostate gland e.g. size, symmetry, nodularity, tenderness</li> </ul>
Genitourinary (female)	<ul style="list-style-type: none"> <li>Pelvic examination (with or without specimen collection For smears and cultures) including: <ul style="list-style-type: none"> <li>Examination of external genitalia e.g. general appearance, hair distribution, lesions and vagina e.g. general appearance, estrogen effect discharge, lesions, pelvic support, cystocele, rectocele</li> <li>Examination of the bladder e.g. fullness, masses, tenderness</li> <li>Cervix e.g. general appearance, lesions, discharge</li> <li>Uterus e.g. size, contour, position, mobility, tenderness, consistency, descent or support</li> <li>Adnexa/parametria e.g. masses, tenderness, organomegaly, nodularity</li> </ul> </li> </ul>
Lymphatic	<ul style="list-style-type: none"> <li>Palpation of lymph nodes in two or more areas: <ul style="list-style-type: none"> <li>Neck</li> <li>Axillae</li> <li>Groin</li> <li>Other</li> </ul> </li> </ul>
Musculoskeletal	<ul style="list-style-type: none"> <li>Examination of gait and station</li> <li>Inspection and/or palpations of digits and nails e.g. Clubbing, cyanosis, inflammatory conditions, petechiae, Ischemia, infections, nodes</li> <li>Examination of joints, bones and muscles of one or more of The following six areas: 1) head and neck, 2) spine, ribs and Pelvis, 3) right upper extremity, 4) left upper extremity, 5) right lower extremity, 6) left lower extremity. The Examination of a given area includes: <ul style="list-style-type: none"> <li>Inspection and/or palpation with notation of presence of Any misalignment, asymmetry, crepitation, defects, Tenderness, masses, effusions</li> <li>Assessment of range of motion with notation of any pain, Crepitation or contracture</li> <li>Assessment of stability with notation of any dislocation (luxation), subluxation or laxity</li> <li>Assessment of muscle strength and tone e.g. flaccid, Cog wheel, spastic with notation of any atrophy or Abnormal movements.</li> </ul> </li> </ul>
Skin	<ul style="list-style-type: none"> <li>Inspection of skin and subcutaneous tissue e.g. rashes, Lesions, ulcers</li> <li>Palpation of skin and subcutaneous tissue e.g. induration, Subcutaneous nodules, tightening</li> </ul>
Neurologic	<ul style="list-style-type: none"> <li>Test cranial nerves with notation of any deficits</li> <li>Examination of deep tendon reflexes with notation of Pathological reflexes e.g. Babinski</li> <li>Examination of sensation e.g. by touch, pin , vibration proprioception</li> </ul>
Psychiatric	<ul style="list-style-type: none"> <li>Description of patient's judgment and insight</li> <li>Brief assessment of mental status including: <ul style="list-style-type: none"> <li>Orientation to time, place and person</li> <li>Recent and remote memory</li> <li>Mood and affect e.g. depression, anxiety, agitation</li> </ul> </li> </ul>