

Respiratory

Single Organ System Exam – 1997

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CONTENT AND DOCUMENTATION REQUIREMENTS	<u>Level of Exam</u>	<u>Perform and Document</u>
	Problem Focused Expanded Problem Focused Detailed Comprehensive	One to five elements identified by a bullet. At least six elements identified by a bullet. At least twelve elements identified by a bullet. Perform all elements identified by a bullet; document every element In every heavy box at least one element in every regular box.

SYSTEM/BODY AREA ELEMENTS OF EXAMINATION	
Constitutional	<ul style="list-style-type: none"> Measurement of any three of the following seven vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff) General appearance of patient e.g. development, nutrition, body habitus, deformities, attention to grooming.
Ears, nose, Mouth & throat	<ul style="list-style-type: none"> Inspection of nasal mucosa, septum and turbinates Inspection of teeth and gums Examination of oropharynx e.g. oral mucosa, hard and soft palates, tongue, tonsils and posterior pharynx
Neck	<ul style="list-style-type: none"> Examination of neck e.g. masses, overall appearance, symmetry, tracheal position, crepitus Examination of thyroid e.g. enlargement, tenderness, mass Examination of jugular veins e.g. distension; a, v or cannon A waves
Respiratory	<ul style="list-style-type: none"> Inspection of chest with notation of symmetry and expansion Assessment of respiratory effort e.g. intercostals retractions, use of accessory muscles, diaphragmatic movement Percussion of chest e.g. dullness, flatness, hyperresonance Palpation of chest e.g. tactile fremitus Auscultation of lungs e.g. breath sounds, adventitious sounds rurs
Cardiovascular	<ul style="list-style-type: none"> Auscultation of heart including sounds, abnormal sounds and murmurs Examination of peripheral vascular system by observation e.g. swelling, varicosities and palpation e.g. pulse, temperature, edema, tenderness
Gastrointestinal (abdomen)	<ul style="list-style-type: none"> Examination of abdomen with notation of presence of masses or tenderness Examination of liver and spleen
Lymphatic	<ul style="list-style-type: none"> Palpation of lymph nodes in neck, axillae, groin and/or other locations
Musculoskeletal	<ul style="list-style-type: none"> Assessment of muscle strength and tone e.g. flaccid, cog wheel, spastic with notation of any atrophy or abnormal movements Examination of gait and station
Extremities	<ul style="list-style-type: none"> Inspection of palpation of digits and nails e.g. clubbing, cyanosis, inflammation, petechiae, ischemia, infections, nodes
Skin	<ul style="list-style-type: none"> Inspection and/or palpation of skin and subcutaneous tissue e.g. rashes, lesions, ulcers
Neurological/Psychiatric	Brief assessment of mental status including: <ul style="list-style-type: none"> Orientation to time, place and person Mood and affect e.g. depression, anxiety, agitation