

# CHILDHOOD OBESITY PREVENTIVE HEALTH BENEFIT

## Included benefits

Annually, children 2 years to 18 years of age with a BMI in the 85th percentile or greater are eligible for:

- Four preventive health office visits: three follow up visits per year to the annual preventive exam specifically for obesity and a blood pressure check
- Unlimited nutritional counseling visits per year specifically for obesity
- One set of recommended lab work annually that includes:
  - Cholesterol screening
  - Hemoglobin A1c OR fasting glucose
  - AST
  - ALT

## Codes and Billing Considerations

**Office visit codes:** 99381-99384, 99391-99394

**Nutritional counseling codes:** 97802-97804, 99401-99404, G0447

### Cholesterol screening\*\*:

Lipid panel: 80061  
Total cholesterol: 82465  
HDL: 83718  
Triglycerides: 84478  
LDL: 83721

**Hemoglobin A1c\*:** 83036, 83037

**Fasting glucose\*:** 82985

**AST:** 84450

**ALT:** 84460

\*Patients are eligible for either one hemoglobin A1c OR one fasting glucose per calendar year.

\*\*Cholesterol screening services are eligible with any routine diagnosis code.

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### Obesity diagnosis codes:

**Z68.53:** Body Mass Index (BMI) Pediatric, 85<sup>th</sup> percentile to less than 95<sup>th</sup> percentile for age

**Z68.54:** Body Mass Index (BMI) Pediatric, greater than or equal to 95<sup>th</sup> percentile for age

You must use an obesity diagnosis code when billing for the services listed above (except cholesterol screening as noted above)