

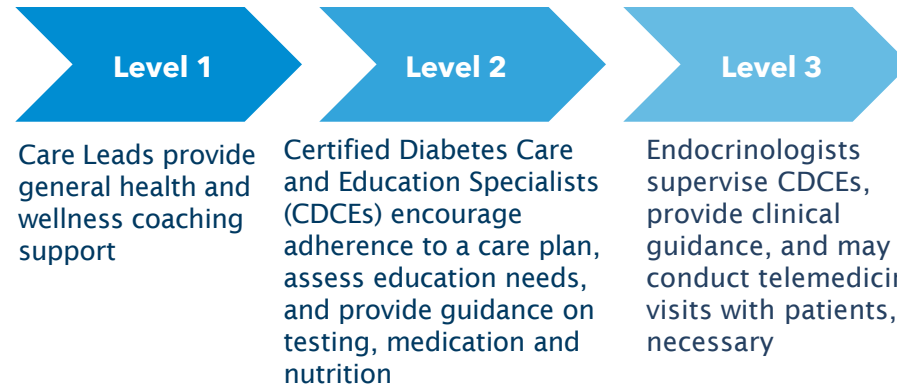
# Onduo Diabetes Management

A virtual diabetes care program offering tools, coaching and clinical support to help patients manage their Type 2 Diabetes



All patients enrolled in the program receive:

- Free blood glucose meters (Telcare)
- Free unlimited test strips
- Free lancing device
- A health coach
- Access to experts through their smartphone via the Onduo app
- Continuous Glucose Monitors (CGMs) are available to those who qualify clinically



## Overview

- Onduo Diabetes Management is a whole-person, virtual health clinic where patients can access telehealth services and clinical support to help maintain their Type 2 Diabetes
- The program aims to bring more continuous care and day-to-day support between office visits (especially related to food and exercise) through three levels of care (Care Leads, Certified Diabetes Care & Education Specialists (CDCEs), and an Endocrinologist)
- It is designed to be an extension of the patient’s primary care and does not replace their primary care physician (PCP)
- After the patient registers and completes the onboarding questionnaire, a **Welcome Kit is shipped to their home**

## Eligibility and Exclusion Criteria

### Program Eligibility

- ≥ 18 years old
- Diagnosis of Type 2 Diabetes
- At least a 60-day supply in a 36-month period of a Type 2 Diabetes medication
- Covered by a Highmark Health employer-sponsored medical plan

\*Note: eligible patients will receive direct outreach to enroll in Onduo

### Exclusion Criteria

- < 18 years old
- Alzheimer’s
- Cystic Fibrosis
- Gestational Diabetes
- Kidney Failure (Stage 4, 5, and ESRD)
- Currently pregnant
- Transplants
- Type 1 Diabetes
- Institutionalized or in hospice in the past 12 months
- Primary insurance through another health plan

## What Does This Mean to You?

- Patients in the program have lowered their A1c by an average of 1.6%
- Onduo care team helps patients stay on track with health goals and medication adherence leading to lower ED utilization
- Patients can share information with their providers by printing their “Encounter Summary” in the app or eFax reports to their providers after each virtual visit
- Onduo partners with several organizations and experts in the field to ensure appropriate clinical standards of care
- PCPs can suggest enrollment to their Highmark patients by directing them to **enroll.onduo.com** or by calling **1-833-446-6386**

