

Asthma Quality Guide

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The Asthma Quality Guide is intended to be a reference for providers who are seeking to improve asthma treatment for their patients. This guide will aid in the development of processes to improve patient health outcomes and experiences while lowering health care costs.

Asthma is identified as an ambulatory care sensitive condition (ACSC), which means high quality outpatient care can potentially prevent or reduce hospitalizations for the millions of US adults and children struggling with Asthma.

What's Included in the Asthma Quality Guide

The toolkit provides:

- Asthma overview
- At risk populations
- Asthma symptoms
- Asthma triggers and how to prevent triggers
- Epidemiology of asthma
- Asthma management objectives
- Asthma management approaches separated into the following age groups:
 - Ages 0-5
 - Ages 6-11
 - Ages 12 and up
- Management of difficult to treat and severe asthma
- Immunizations
- Asthma Medication Ratio (AMR)
- Non-Pharmacological asthma tips
- Explaining asthma to a child
- Pediatric medication delivery devices
- Asthma and vaping
- Pediatric asthma resources
- Asthma and Social Determinants of Health (SDOH), including resources
- Navigating costs of asthma medications
- Highmark resources within the Provider Resource Center (PRC) and Highmark Asthma Member Programs
- Support groups and resources

More Information

If you have questions regarding the Asthma Quality Guide, please contact your assigned Provider Account Liaison or call the [Provider Service](#) phone number for your region.

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