

# Chronic Kidney Disease (CKD) Toolkit

## THE CKD TOOLKIT

The Chronic Kidney Disease (CKD) Toolkit is intended to be a reference for practitioners looking for guidance on screening, referral, and medication management for patients that may be at risk for CKD, or who are currently diagnosed with CKD.

There are many risk factors that can contribute to the development of CKD. Most notably, the diagnosis of diabetes or hypertension, has been shown to significantly increase the risk of CKD.

While there is no cure for CKD, early detection, timely referral to nephrology, and appropriate medication management can help slow progression to end-stage renal disease.

## WHAT'S INCLUDED IN THE TOOLKIT

- CKD Risk Factors and Severity
- Screening Labs and Guidelines
- CKD Risk and Management Schedule
- Guidelines When to Refer to Nephrology
- Medication Management Considerations
- Kidney Smart Class Information
- Palliative Care Resources

## MORE INFORMATION

If you have questions regarding the Chronic Kidney Disease Toolkit, please contact your assigned Provider Account Liaison, Clinical Transformation Consultant, Population Health Specialist, or Population Health Pharmacist.

If you do not have an assigned contact, you may submit your inquiry to:

[PopulationHealthUniversityInquiries@highmarkhealth.org](mailto:PopulationHealthUniversityInquiries@highmarkhealth.org).

When submitting your inquiry, please include your Practice's Blue Shield ID number.



This information is issued on behalf of Highmark Blue Shield and its affiliated Blue companies, which are independent licensees of the Blue Cross Blue Shield Association. Highmark Inc. d/b/a Highmark Blue Shield and certain of its affiliated Blue companies serve Blue Shield members in 21 counties in central Pennsylvania and 13 counties in northeastern New York. As a partner in joint operating agreements, Highmark Blue Shield also provides services in conjunction with a separate health plan in southeastern Pennsylvania. Highmark Inc. or certain of its affiliated Blue companies also serve Blue Cross Blue Shield members in 29 counties in western Pennsylvania, 13 counties in northeastern Pennsylvania, the state of West Virginia plus Washington County, Ohio, the state of Delaware and 8 counties in western New York. All references to Highmark in this document are references to Highmark Inc. d/b/a Highmark Blue Shield and/or to one or more of its affiliated Blue companies.