## **Chronic Kidney Disease (CKD)**

## **Chronic Kidney Disease (CKD) Toolkit**

The Chronic Kidney Disease (CKD) Toolkit is intended to be a reference for practitioners looking for guidance on screening, referral, and medication management for patients who may be at risk for CKD, or who are currently diagnosed with CKD.

There are many risk factors that can contribute to the development of CKD. Most notably, the diagnosis of diabetes or hypertension, has been shown to significantly increase the risk of CKD. While there is no cure for CKD, early detection, timely referral to nephrology, and appropriate medication management can help slow progression to end-stage renal disease.

## What's Included in the CKD Toolkit?

- CKD Risk Factors and Severity
- Screening Labs and Guidelines
- CKD Risk and Management Schedule
- Guidelines When to Refer to Nephrology
- Medication Management Considerations
- Kidney Smart Class Information
- Palliative Care Resources

## **More Information**

If you have questions regarding the CKD Toolkit, please contact your Highmark representative.

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