

# Social Determinants Of Health Toolkit

## THE SOCIAL DETERMINANTS OF HEALTH (SDOH) TOOLKIT

Social determinants of health are economic and social conditions that influence the health of people and communities and contribute to a person's current state of health. These conditions are shaped by the amount of money, power, and resources that people have.

The toolkit has been created to provide educational, assessment tools and resources to help you assess determinants of health as part of your workflow to provide high-quality, cost-effective care. Factors that need to be assessed include:

- How a person develops during the first few years of life (early childhood development).
- How much education the person obtains
- Being able to get and keep a job
- What kind of work the person does
- Having food or being able to get food (food security)
- Having access to health services and the quality of those services
- Housing status
- How much money the person earns
- Discrimination and social support (CDC.gov)

## WHAT'S INCLUDED IN THE SDOH TOOLKIT

The toolkit provides the following information to aid practices as they build a process to assess SDoH.

- Introduction to Social Determinants
- Toolkits to Assess Social Determinants of Health
- Guidance on integrating Social Determinants of Health Screening into Practice Workflow
- Guidance on implementing SDoH Screening and Response within the Practice
- Guidance on monitoring and Evaluation
- Connecting Providers to SDoH Resources

## MORE INFORMATION

If you have questions regarding the SDoH Toolkit, please contact your assigned Provider Account Liaison, Clinical Transformation Consultant or Population Health Specialist. If you do not have an assigned contact, you may submit your inquiry to:

When submitting your inquiry, please include your Practice's Blue Shield ID number.

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