



Addendum to the Highmark Preventive Health Guidelines and Immunization Schedules

Highmark has updated its current guidelines with the following information from ACIP/CDC and USPSTF that is not reflected in the 2021 Preventive Health Guidelines and Immunization Schedules.

Effective Date	Preventive Health Guideline	Description
Already a Benefit	Screening STI	<ul style="list-style-type: none"> The USPSTF recommends intensive behavioral counseling for all sexually active adolescents and for adults who are at increased risk for sexually transmitted infections (STIs). B Recommendation
7.1.2021	Screening Illicit Drug Use In Adults	<ul style="list-style-type: none"> The USPSTF recommends screening for illicit drug use in adults age 18 years or older. Screening should be implemented when services for accurate diagnosis, effective treatment, and appropriate care can be offered or referred. B Recommendation Routine exam diagnosis code with procedure codes 99408 or 96160 once annually
7.1.2021	Adult Nutritional Counseling	<ul style="list-style-type: none"> The USPSTF recommends offering or referring adults with cardiovascular disease risk factors to behavioral counseling interventions to promote a healthy diet and physical activity. B Recommendation Includes hypertension, high blood pressure, metabolic syndrome, hyperlipidemia diagnosis codes I10 R03.0, E88. 81, E78.5, E78.1, E78.2, E78.3, E78.49, E78.6, E78.9 with procedure codes 97802, 97803, 97804, 99401, 99402, 99403, 99404
7.1.2021	Adult Nutritional Counseling	<ul style="list-style-type: none"> Expansion of Current overweight obesity nutritional counseling benefit to include Morbid Obesity BMI Diagnosis Codes E66.01, E66.09. E66.1, E66.2, E66.8, Z68.42, Z68.43, Z68.44, Z68.45 with procedure codes 97802, 97803, 97804, 99401, 99402, 99403, 99404

Key: ACIP (Advisory Committee on Immunization Practices), CDC (Center for Disease Control), USPSTF (United States Preventive Services Task Force)

*Grandfathered plans are health care plans that were established before March 23, 2010, and have not changed their benefit structure. Certain PPACA provisions differ or do not apply to these plans. However, grandfathered employers may opt to cover these benefits.

Providers should always check eligibility and benefits each time a member presents for service. Provider s may use the NaviNet Eligibility and Benefits function.