

SPECIAL eBULLETIN

FOR PROFESSIONAL AND FACILITY PROVIDERS

AUGUST 31, 2021

REMIND MEMBERS TO GET THEIR YEARLY MAMMOGRAMS

Highmark has seen a decrease in our members receiving screening mammograms since the beginning of the COVID-19 pandemic. It is important that our members who missed their mammograms last year complete their screening this year.

Encourage members to get back on track with their mammogram appointments and remind them that mammograms can save lives. The earlier cancer is diagnosed, the higher the member's chance at survival and a cure.

HOW THE COVID-19 VACCINE EFFECTS MAMMOGRAM SCREENINGS

It has been discovered some women have displayed enlarged lymph nodes (lymphadenopathy) following the COVID-19 vaccination. This can be a COVID-19 vaccine immune system response or potential sign of cancer.

To help avoid the issue providers should:

- Complete routine mammograms before the member is vaccinated
- Wait four to six weeks after the last dose of the vaccination to complete a routine mammogram

