



**NUVIGIL (ARMODAFINIL) PRIOR AUTHORIZATION FORM**  
**PATIENT INFORMATION**

Subscriber's ID Number		Subscriber's Group Number	
Patient's Name		Phone	Date of Birth
Address	City	State	Zip Code

**PRESCRIBER INFORMATION**

Physician's Name	NPI	Phone	Fax
Address	City	State	Zip Code
Suite / Building	Physician's Signature		Date

**MEDICATION INFORMATION**

Requested Drug: <input type="checkbox"/> Brand Nuvigil <input type="checkbox"/> Generic Armodafinil	Requested Strength: <input type="checkbox"/> 50mg <input type="checkbox"/> 150mg <input type="checkbox"/> 200mg <input type="checkbox"/> 250mg
Diagnosis:	Quantity <u>per Month</u>

**CLINICAL CRITERIA**

**OBSTRUCTIVE SLEEP APNEA**

If the requested medication is being used to treat **obstructive sleep apnea**, please answer the following:

- Is the patient currently receiving and compliant with continuous positive airway pressure (CPAP)?  
 Yes     No
- Is the patient experiencing any of the following symptoms? Please select **ALL** that apply:
  - Coronary artery disease
  - Congestive heart failure
  - Type 2 diabetes mellitus
  - Unintentional sleep episodes during wakefulness
  - Bed partner describes loud snoring, breathing interruptions or both
  - Unrefreshing sleep
  - Mood disorder
  - Insomnia
  - Cognitive dysfunction
  - Atrial fibrillation
  - Fatigue
  - Daytime sleepiness
  - Hypertension
  - Stroke
  - Waking up holding breath, gasping, or choking

3. Please provide the following from the patient's **diagnostic** polysomnography:

Apnea/hypopnea index (AHI) in events/hour: \_\_\_\_\_

## **NARCOLEPSY**

If the requested medication is being used to treat **narcolepsy**, please answer the following:

1. Please provide baseline data of the following:

Excessive daytime sleepiness (EDS) via the Epworth Sleepiness Scale (ESS): \_\_\_\_\_

Maintenance of Wakefulness Test (MWT): \_\_\_\_\_

2. Please provide the following results of the patient's multiple sleep latency test (MSLT):

Mean sleep latency (in minutes): \_\_\_\_\_

Number of sleep-onset rapid eye movement periods (SOREMPs): \_\_\_\_\_

3. Please provide the following from the patient's diagnostic polysomnography:

Number of sleep-onset rapid eye movement periods (SOREMPs): \_\_\_\_\_

4. If the patient has hypocretin-1 deficiency, please provide the following:

Cerebrospinal fluid hypocretin-1 level (in pg/mL): \_\_\_\_\_

Cerebrospinal fluid hypocretin-1 laboratory reference range: \_\_\_\_\_

5. Has the patient experienced therapeutic failure, contraindication, or intolerance to a generic CNS stimulant (e.g. dextroamphetamine, methylphenidate)?

Yes       No

## **SHIFT-WORK SLEEP DISORDER**

If the requested medication is being used to treat **shift-work sleep disorder**, please answer the following:

1. Does the patient have excessive sleepiness or insomnia that is temporarily associated with a recurring work schedule that overlaps the usual time for sleep?

Yes       No

2. Are the patient's symptoms accompanied by a reduction of total sleep time?

Yes       No

3. Has the patient experienced symptoms for at least 3 months?

Yes       No

4. Does the patient have sleep log or actigraphy monitoring for at least 14 days including both work and free days?

Yes       No

5. Is the patient's sleep disturbance due to another current sleep disorder, medical or neurological disorder, mental disorder, medication use, or substance use disorder?

Yes       No

## **REAUTHORIZATION**

Is this a request for reauthorization?     Yes       No

If **YES**, please select **ALL** that apply:

The patient's symptoms (e.g. fatigue) have improved

The patient has experienced improvement in daytime sleepiness

The patient experienced improvement on the ESS\*\* or MWT\*\*\* compared to baseline

\*\*Epworth Sleepiness Scale

\*\*\*Maintenance of Wakefulness Test

## **MEDICATION HISTORY**

Please provide any other medications previously tried and failed for the patient's diagnosis:

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The submitting provider certifies that the information provided is true, accurate, and complete and the requested services are medically indicated and necessary to the health of the patient. Note: Payment is subject to member eligibility. Authorization does not guarantee payment.

## **INSTRUCTIONS FOR COMPLETING THIS FORM**

1. Submit a separate form for each medication.
2. Complete **ALL** information on the form.  
**NOTE:** *The prescribing physician (PCP or Specialist) should, in most cases, complete the form.*
3. Please provide the physician address as it is required for physician notification.
4. Fax the **completed** form and all clinical documentation to **1-866-240-8123**

Or mail the form to: **Clinical Services,  
120 Fifth Avenue, MC PAPHM-043B, Pittsburgh, PA 15222**