



# Protect your eyes from diabetes

Highmark and MedXM® are working together to offer you a convenient, at-home diabetic retinal eye exam at no cost.

Diabetic eye disease is a complication of diabetes and a leading cause of blindness amongst American adults. The most common form is diabetic retinopathy which occurs when diabetes damages the tiny blood vessels inside the retina. Because this can go unnoticed until vision loss occurs, people with diabetes should get a comprehensive retinal eye exam at least once a year. A healthy retina is necessary for good vision.<sup>1</sup>

Our records show that you may be due for this important screening. As a Highmark Medicare Advantage member, you are eligible to receive an at-home diabetic retinal eye exam from MedXM at no cost.

<sup>1</sup> <https://nei.nih.gov/eyedata/diabetic>



**A representative at MedXM will be calling to schedule your free in-home screening from 1-888-722-1073.**

In the meantime, if you have any questions, please call MedXM at 1-888-489-3585 Monday through Friday from 8:30 a.m. to 7:30 p.m.; or Highmark Member Services at the number on the back of your Highmark member ID card. Customer Advocates are available seven days a week from 8 a.m. to 8 p.m. EST. TTY/TDD users may call 711.

After you complete the exam, your physician will receive a copy of your health screening report. Please follow up with your physician so that they can review the results and discuss them with you to determine whether any additional tests may be needed.

Highmark is working with MedXM to conduct screening tests for Highmark. MedXM will notify members' primary care physicians of their test results. Neither Highmark nor MedXM engages in any follow-up or medical care, diagnosis or treatment. MedXM is an independent and separate company that provides preventive screenings. MedXM is a registered trademark of MedXM.

This communication is not intended to be a substitute for professional medical advice, diagnosis, or treatment.

Highmark Blue Shield, Highmark Choice Company, Highmark Senior Health Company and Highmark Senior Solutions Company are independent licensees of the Blue Cross and Blue Shield Association. Highmark Choice Company, Highmark Senior Health Company and Highmark Senior Solutions Company are Medicare Advantage Plans with a Medicare contract. Enrollment in Highmark Choice Company, Highmark Senior Health Company, and Highmark Senior Solutions Company depends on contract renewal. Health care plans and the benefits thereunder are subject to the terms of the applicable benefit agreement.

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。

请拨打您的身份证背面的号码（TTY：711）。