

STATIN USE IN CARDIOVASCULAR PATIENTS

Approximately 81 million American adults are living with a form of cardiovascular disease (CVD). Trials such as JUPITER (Justification for the Use of Statins in primary Prevention: an Intervention Trial Evaluating Rosuvastatin), Treating to New Targets (TNT), and ASTEROID (A Study To Evaluate the effect of Rosuvastatin On Intravascular ultrasound-Derived coronary atheroma burden) have demonstrated that patients taking a statin have a lower incidence of heart attack, stroke, and other cardiovascular complications.

The American College of Cardiology and American Heart Association (ACC/AHA) guidelines state that **statins of moderate or high intensity** are recommended for adults with established clinical ASCVD.

Highmark’s Medicare Formularies cover a variety of statins. Moderate and high-intensity statins are even available on the Preferred Generics tier and are the lowest cost medications offered. **During the Initial Coverage Phase, Preferred Generics can be as low as a \$0 copay** depending on the member’s benefits. Members with the Preferred Pharmacy benefit will need to fill at a preferred pharmacy to receive the \$0 copay. Express Scripts Mail Order, major retail and grocery chains and a number of independent pharmacies are included in the Preferred Pharmacy Network. To locate a preferred pharmacy, please refer to medicare.highmark.com/home for more information. Go to Resources, enter your patient or practice zip code then select Find a Pharmacy from the Find Care menu on the left hand side of the page.

Commonly prescribed moderate or high intensity statins that are covered on all Highmark Medicare Formularies are provided below. Please refer to individual formularies located in the Pharmacy Program/Formularies section on the Provider Resource Center for more information on additional statins that may be covered.

	MODERATE-INTENSITY Daily Dose Lowers LDL-C 30% to 50%	HIGH-INTENSITY Daily Dose Lowers LDL-C >50%
Preferred Generics	Atorvastatin 10mg, 20mg Lovastatin 40mg Pravastatin 40mg, 80mg Rosuvastatin 5mg, 10mg Simvastatin 20mg, 40mg	Atorvastatin 40mg, 80mg Rosuvastatin 20mg, 40mg Simvastatin 80mg
Preferred Brands	Livalo 1mg, 2mg, 4mg	

This information is issued on behalf of Highmark Blue Shield and its affiliated Blue companies, which are independent licensees of the Blue Cross Blue Shield Association. Highmark Inc. d/b/a Highmark Blue Shield and certain of its affiliated Blue companies serve Blue Shield members in 21 counties in central Pennsylvania and 13 counties in northeastern New York. As a partner in joint operating agreements, Highmark Blue Shield also provides services in conjunction with a separate health plan in southeastern Pennsylvania. Highmark Inc. or certain of its affiliated Blue companies also serve Blue Cross Blue Shield members in 29 counties in western Pennsylvania, 13 counties in northeastern Pennsylvania, the state of West Virginia plus Washington County, Ohio, the state of Delaware, and 8 counties in western New York. All references to Highmark in this document are references to Highmark Inc. d/b/a Highmark Blue Shield and/or to one or more of its affiliated Blue companies.