

# Help your patients adhere to their medication regimen

Your patients may benefit from many free tools and services available within the community to help them stay on track with their medications. Please review the list of resources below to determine the most convenient ones for your patients.

RESOURCES TO IMPROVE ADHERENCE	DESCRIPTION	CALL TO ACTION
<b>100-Day Supplies</b>	Benefit available to most Highmark Medicare members that covers a 100-day supply at the same copay as a 90-day supply for medications on Tiers 1 & 2 of the Medicare Formularies.	When appropriate, write prescriptions for 100-day supplies if prescribing a Tier 1 or 2 medication.
<b>Automated Reminders</b>	Service offered by pharmacies that will send automated refill reminders in the form of text messages or IVR calls to notify patients that it is time to pick up their medication.	Notify your patient of this program and warm transfer to their pharmacy to enroll them in this service.
<b>Automatic Refill Programs</b>	Service that is offered by almost all retail chains, independent pharmacies and mail order. Facilitates automatic refills for a patient and notifies the patient that their medication is ready.	Notify your patient of this program and warm transfer to their pharmacy to enroll them in this service.
<b>Mail Order</b>	Service that offers home delivery of 90 to 100-day supplies for maintenance medications.	Have your patient call Express Scripts at the number on the back of their card to get set up with mail order services.
<b>Medication Synchronization</b>	Tool that coordinates fill dates so that all medications for a 30-day supply can be obtained on the same day each month, which is available at most pharmacies.	Notify your patient of this program and warm transfer to their pharmacy to enroll them in this service.
<b>Pill Packing</b>	Service that combines 30-day medication supplies into personalized packets labeled by the date and time of the day the patient is to take the medication.  Depending on the pharmacy, this service may be an additional cost to the member.	Notify your patient of this program and warm transfer to their pharmacy to enroll them in this service.
<b>Preferred Generics</b>	Tier 1 medications on Highmark's Medicare Formularies. These are the lowest cost medications offered. Depending on your patient's benefits, Preferred Generics can be as low as a \$0 copay during the Initial Coverage Phase.	Prescribe Preferred Generics, when appropriate, to help your patients save money.
<b>Preferred Pharmacy Network</b>	Mail order, select retail and independent pharmacies that have reduced copays on covered, non-specialty medications compared to pharmacies in the standard network. During the Initial Coverage Phase, Preferred generics can be as low as a \$0 copay when filled at a Preferred Pharmacy for members with this benefit.	Send prescriptions to a Preferred Pharmacy to help your patients save money.  To locate a Preferred Pharmacy, please refer to <a href="https://medicare.highmark.com">medicare.highmark.com</a> for more information. Go to Resources, then select Find a Pharmacy from the Find Care menu on the left hand side of the page.

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