

HELP YOUR PATIENTS ADHERE TO THEIR MEDICATION REGIMEN

Your patients may benefit from many free tools and services available within the community to help them stay on track with their medications. Please review the list of resources below to determine the most convenient ones for your patients.

Available Resources to Improve Medication Adherence	Description	Call to Action
Automatic Refill Programs	<ul style="list-style-type: none"> • Service is offered by almost all retail chains • Tool facilitates automatic refills for prescriptions and notifies a patient that their medication is ready 	Notify your patient of this program and warm transfer to their pharmacy to enroll them in this service.
Medication Synchronization	Tool that coordinates fill dates so that all medications for a 30-day supply can be obtained on the same day each month	Notify your patient of this program and warm transfer to their pharmacy to enroll them in this service.
Mail order	Service that offers home delivery of 90-day supplies for maintenance medications	Contact Express Scripts at 1-800-903-6228 to set your patient up for mail order services.
Automated Reminders	Service offered by pharmacies that will send automated refill reminders in the form of text messages or IVR calls to notify patients that it is time to pick up their medication	Notify your patient of this program or even warm transfer to their pharmacy to enroll them in this service.
Highmark Mobile App	Highmark offers a mobile application that will help a patient manage their medications, such as automated refill reminders and even reminders to take their daily dose of medication.	Refer patient to Highmark Member service for assistance in downloading the application.

