



ADVANCE CARE PLANNING

Information for Health Care Professionals to Improve End-of-Life Care

The Five Promises Our Systems Might Make*

Promise #1:

We will ask all adult persons if they have views or preferences about future medical care including end-of-life decisions.

Promise #2:

We will assist individuals with advance care planning.

Promise #3:

We will make sure plans are clear.

Promise #4:

We will assure that plans will be available.

Promise #5:

We will appropriately follow plans.

*Developed by Gundersen Lutheran Medical Foundation. LaCross, WI

Suggested Advance Care Competencies for Registered Nurses*

1. Assess patient's need for information.
2. Initiate conversations when cues arise.
3. Provide accurate information about medical conditions and proposed treatment interventions as appropriate.
4. Listen.
5. Make appropriate referrals.
6. Provide emotional support.
7. Assist with communicating patient's treatment preferences.
8. Advocate for a plan of care consistent with preferences.
9. Ensure compliance with federal regulations (Patient Self Determination Act) and Joint Commission on Accreditation of Healthcare Organizations (JCAHO).
10. Implement organization specific policies/procedures.

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Suggested Advance Care Competencies for Physicians*

1. Initiate advance care planning discussions as appropriate.
2. Provide information and clarification of patient's medical condition.
3. Provide educational materials to assist with advance care planning.
4. Make referrals to Advance Care Planning Facilitators as needed.
5. Review and clarify patient's submitted advance care directives.
6. Documents advance care planning discussions.
7. Implement the written plan as appropriate.

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