

Highmark BCBSWNY Preventive and Diagnostic Laboratory Services

For Commercial

June 2023

Patient Protection and Affordable Care Act (PPACA) federal and state mandated laboratory tests for preventive services are determined by the United States Preventive Services Task Force (USPSTF), American Academy of Pediatrics (AAP) Bright Futures, Health Resources and Services Administration (HRSA) Women's Preventive Health, and Centers for Disease Control and Prevention (CDC) General Immunization schedules.

- Labs performed for **preventive services** are for asymptomatic persons without a diagnosis of disease and include labs mandated by federal or state law.
- Labs performed for **diagnostic services** are for:
 - symptomatic persons without a diagnosis of disease, or
 - monitoring patients with a diagnosis of disease

Highmark BCBSWNY Preventive Labs

Labs billed as routine as part of a preventive office visit that **are covered** as preventive with \$0 cost share with screening diagnosis for adults:

Lab Test	Preventive Lab Procedure Codes	*Preventive Diagnosis Codes	Parameters
Cholesterol Screening/ Lipid Panel	80061 (Lipid Panel) Components 82465 (Total Cholesterol) 83718 (HDL) 84478 (Triglycerides) 83721 (LDL)	Preventive Office Visit or Z13220	Children/Adolescents: Once between ages 9-11 and once between ages 17-21 Annually for Adults
Diabetes Screening with Glucose lab	82947, 82948	Preventive Office Visit or Z131	Annually
Hemoglobin /Hematocrit for Anemia Screening	85014 85018 85013	Preventive Office Visit	Annually for females during adolescence and as recommended per MD
Hepatitis B Screening	86704, 86705, 86706, 87340, 87341	Preventive Office Visit or Z1159	As recommended
Hepatitis C Screening	86803, 86804, 87520, 87521, 87522, G0472	Preventive Office Visit or Z1159	As recommended
Latent Tuberculosis Screening	86480, 86481, 86580	Preventive Office Visit or Z117	As recommended
Lead Screening	83655	Preventive Office Visit	Twice a year for children 18 and younger as recommended by MD

Lab Test	Preventive Lab Procedure Codes	*Preventive Diagnosis Codes	Parameters
Chlamydia, Gonorrhea, HIV, Syphilis Screening	G0432, G0433, G0435, S3645, 86631, 83362, 87710, 87270, 87490, 87490, 87491, 87492, 87810, 87850, 87620, 87621, 87622, 87660, 86592, 86593, 87590, 87591, 87592, 86689, 86701, 86703, 87390, 87391, 87534, 87535, 87536, 87538, 87539, 86702, 87537, 87808, 87389, 87389, 87623, 87624, 87625, 87806	Preventive Office Visit or Z112 Z113 Z114	As recommended
Overweight or Obese BMI- Hemoglobin A1c or Glucose Nutritional Counseling	83036, 83037 82985 97802, 97803, 97804, 99401, 99402, 99403, 99404	Overweight or Obese BMI Diagnosis Code Only	Annually
Screening PAP and HPV Screening	G0123, G0143, G0144, G0145, G0147, G0148, P3000, G0124, G0141, Q0091 87624, 87625	Preventive Office Visit or Z124 screen cervical Z1151 HPV screen	Ages 18 and older annually as recommended by MD per state law General population: PAP every 3 years, HPV every 5 years, PAP and HPV together every 5 years High-risk: PAP annually
PSA Screening	G0102, G0103, 84153	Preventive Office Visit or Z125	Annually

NOTE: The annual Preventive Office Visit covers preventive laboratory tests without member cost share.

Highmark BCBSWNY Diagnostic Labs

Labs billed as diagnostic help identify the cause of disease and changes in the body by disease conditions:

- Use medical diagnosis as reason for lab for medical benefit coverage. Member cost share will apply.

Lab Test	Lab Procedure Code	Diagnostic Diagnosis Used (Covered medical benefit with member cost share for allowable amount)
		Symptomatic Known Diagnosis or Symptom Based Diagnosis
Thyroid Testing	84436, 84439, 84443, 84479 0050	Examples – Weight loss, anxiety, irritability, irregular menstrual periods, etc.
CBC, Blood Count	85027, 85025, 80050	Examples – Bruising or bleeding, problems with heart rate or blood pressure, etc.
Metabolic Panel	80053, 80050	Examples – Symptoms related to kidney, liver and/or metabolism issues; test to see if the medical treatment of a disease is working, etc.
Urinalysis	81003, 81005, 81007, 81015, 81001, 81002	Examples – Abdominal pain, back pain, frequent or painful urination, blood in urine, etc.
Vitamin D	82306	Examples – Bone pain, muscle weakness or aches, hair loss, etc.
Pregnancy Test	81025	Examples – Missed period, tender swollen breasts, nausea, increased urination, etc.
FOBT Other Than Colorectal Neoplasm Screening	82272	Examples – Rectal bleeding, abdominal or rectal pain, etc.
All Antibody Testing	All codes	Examples – Test for autoimmune disorders, bacterial or viral infection, allergy testing, etc.
Hemoglobin A1c Normal Weight	83036	Examples – Frequent urination, diagnosis of diabetes, prediabetes, high glucose screening result, etc.
Diagnostic PAP Smear	88175, 88142, 88141	Examples – Pelvic pain, pain, itching or burning around the genital area during sexual intercourse or urination, etc.
Vaginal Infection Tests	87480, 87510	Examples – Odorous vaginal discharge, pelvic pain, etc.

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For Medicare Advantage

For Medicare Advantage members, Highmark follows the preventive guidelines published on the Centers for Medicare and Medicaid Services (CMS) website. Click [here](#) to view CMS guidelines, including appropriate coding, for preventive and diagnostic laboratory services. For diagnostic laboratory services, go [here](#).

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