

Schedule your yearly diabetic eye exam.

Did you know?

Having diabetes puts you at higher risk for developing a serious eye condition that can damage your vision or lead to blindness.

Most people experience no symptoms early on – which means you could have a serious diabetic eye disease and not even know it.

What is a diabetic eye exam?

During this exam, your eye doctor will look at the tiny structures, nerves, and small blood vessels in your retina or the back of your eye.

If there are any warning signs, you and your eye doctor can begin building a plan to manage or prevent diabetes-related conditions.



Call your doctor today to schedule your yearly diabetic eye exam.

Put this card somewhere visible so you don't forget your appointment on:

Date and time: _____



HIGHMARK 

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For more information on diabetic retinopathy, please visit [cdc.gov/visionhealth/pdf/factsheet.pdf](https://www.cdc.gov/visionhealth/pdf/factsheet.pdf) to manage or prevent diabetes-related conditions.

A diabetic eye exam is typically covered under your medical insurance. Please contact Member Service by calling the number on the back of your insurance card for more information about your benefits.



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ATENCIÓN: Si habla español, tiene servicios de asistencia lingüística sin cargo. Llame al número correspondiente a su estado de residencia.

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