



HOME HEALTH ASSESSMENTS

BETTER CARE FOR YOUR MEDICARE ADVANTAGE PATIENTS FROM MATRIX MEDICAL NETWORK

We've partnered with Matrix Medical Network to perform comprehensive home health assessments, called "Highmark House Calls," for our Medicare Advantage members.

These home health assessments are performed at members' homes by a licensed nurse practitioner from Matrix Medical Network. The practitioners will not be providing treatment and will not interfere with the treatment plan you have established with your patient.

Why Home Health Assessments Are Important

As you may know, the Centers for Medicare & Medicaid Services (CMS) requires Medicare Advantage Plans to submit detailed documentation on the health status of their Medicare Advantage members. Home health assessments will help fulfill this need, as well as identify members that may benefit from other Highmark programs. Home health assessments have the opportunity to capture social and environmental factors that influence health but are difficult to detect in a clinical environment, and are part of Highmark's overall efforts to improve the quality of patient care.

How Home Health Assessments Work

Matrix sends information on the assessments and calls members to schedule assessments at the member's convenience and at no cost to the member. The Matrix provider will review the members' complete history of current and past conditions and medications and perform a brief physical examination. Members may also receive HgA1c and LDL "finger stick" blood tests, a microalbumin urine test and/or the FIT (Fecal Immunochemical Test) kit if Highmark's records indicate the member is due for those tests.

When a member receives a home health assessment, a summary of the findings is sent to the member's designated primary doctor indicated in Highmark's files or the physician identified by the member as the primary doctor. The summary includes current diagnoses and medications. The primary doctor will also receive any lab results from screenings conducted in the home. Please review these documents and file in the patient's medical record. Matrix will also call the primary doctor when there are more time sensitive concerns and when test results are significantly abnormal.

Below are examples of:

- A letter informing you that the assessment took place
- A summary of the findings of the assessment
- A letter informing you of lab results
- A copy of lab results

Have Questions?

For more information about Matrix Medical Network, visit <http://matrixforme.com>. For questions about this message, please call your Highmark Provider Representative or Clinical Transformation Consultant.

To view the Star Measures Matrix Home Health Assessments and Lab Results examples issued, visit the Provider Resource Center, and click on *Administrative Reference Materials*, then *2014 Medicare Advantage Incentive Program*.

September 23, 2013

Dr. Robert Smith
125 Main St
Scranton PA 18505

Dear Dr. Smith:

Enclosed please find a Summary of a Health Assessment that was recently completed for your patient by one of Matrix Medical Network's clinicians at the request of the patient's health insurance plan. You are receiving this because you have been identified as the patient's primary care physician. This Summary is provided for your review, consideration, and inclusion in the patient's medical record.

If you would like to learn more about Matrix Medical Network and the Assessments that we perform, please visit www.Matrixforme.com.

Should you have clinical questions about this Health Assessment, please contact Matrix Medical Network at 1-(877)-561-7413. The Physician or Nurse Practitioner who performed the Assessment is available to speak with you as needed.

If you would like to receive a copy of the entire 20 + page Assessment, please contact our Medical Records department at 1-(877)-561-5750.

You may also add your signature / date below and fax this document as your request for a copy of the entire Assessment to 1-(877)561-7567, or Mail to:

Attention: Medical Records
Matrix Medical Network
9201 E. Mountain View, Suite 220
Scottsdale, AZ. 85258

Request for copy of full assessment – Provider Signature / Date:

If this is not a patient under your care, please notify Matrix Medical Network at 1-800-863-6599 and shred the enclosed document or return it to the 'Mail To' address provided above.



Matrix Medical Assessment Physician Summary Report

October 18, 2013

Dear Dr. Smith,

Your ABC Health Plan patient Mary Rooggers, DOB: 12/04/1945, had a health and well-being assessment on 10/15/2013 by Helen Johnson NP, who works for Matrix Medical Network.

Here is a brief summary based on what your patient told us and what we found:

Vital signs: RT BP Sitting = 110/70 LT BP Sitting = 110/70 Pulse = 86 BMI = 28.7

Screening Results and Preventive Care (patient reported):

	May need follow up	No issues identified	Not Known		May need follow up	No issues identified	Not Known
Smoking	X			LDL-C Testing		X	
Alcohol Use		X		Annual Flu Vax		X	
Drug Use		X		Pneumovax		X	
Depression		X		Eye Exam		X	
Able to get medications		X		Colon CA Screen		X	
Gait		X		Mammogram		X	
Nutrition		X		Bone Density	X		
Fall Risk		X		Cognition		X	
Bladder Control		X					

For Diabetic Patients: Screening Results and Preventive Care (patient reported):

	May need follow up	No issues identified	Not Known		May need follow up	No issues identified	Not Known
HbA1c Test		X		Retina Exam		X	
Kidney Monitoring			X				

Medications:

METHOTREXATE	CORGARD	
GABAPENTIN	LASIX	
METFORMIN	COLACE	
ZOCOR	COMPLETE MULTIVITAMIN	

Positive Screening Results and Needed Preventive Services may require your attention. You may have information that supplements or conflicts with this assessment.

Please see back of page for a list of important diagnoses found.

To receive a copy of the 20+ page Assessment, please contact our Medical Records department at 1-(877)-561-5750.

If you have any other questions, please contact Matrix Medical Network at 1-(877)-561-7413.

To learn more about Matrix, go to www.Matrixforme.com

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DIAGNOSIS INFORMATION

The following are the important diagnoses that were identified during the Matrix clinical visit. While we take every effort to code accurately, we do sometimes make mistakes (usually < 5% of the time), so please disregard any diagnosis with which you do not agree. You may have additional information about this member that supplements this list.

ICD-9 Code	Descriptor
714.0	Rheumatoid arthritis
250.60	Diabetes with neurologic manifestations, controlled
357.2	Polyneuropathy in diabetes
272.4	Hyperlipidemia
428.0	Congestive heart failure, unspecified



May 1, 2014

Dr. Jane Doe
100 Main Street
Anytown, PA, 12345

Dear Dr. Doe,

Recently a health risk assessment was performed on one of your patients by a nationally-certified nurse practitioner from Matrix Medical Network, in partnership with Highmark Health Plan.

The assessment took place in the convenience of your patient's residence and was sponsored by Highmark Health Plan, your patient's health insurance plan. The attached document is a copy of the laboratory test results that were provided to your patient as part of the in-home visit with the nurse practitioner.

We hope that the information from these test results will be valuable and support you in your role as a primary care provider. Please note that the nurse practitioners do not provide treatment and do not interfere with any treatment plan(s) you have established with your patient.

If you have any questions about Matrix or these results, please contact Matrix Medical at 1-888-553-2436, 8 a.m. to 8 p.m., local time, Monday through Friday. You may also contact your Provider Relations Representative or Clinical Transformation Consultant at Highmark Health Plan.

Sincerely,

Zachary Gerbarg, MD
Chief Medical Officer





Home Access Health Corporation
 2401 West Hassell Road
 Suite 1500
 Hoffman Estates, IL 60169
 800-871-6056
 www.homeaccess.com

Joe Smith
 123 Any Street
 Center Town, IL 60169

PATIENT INFORMATION		
DOB: 1/5/1948	Sex: M	Cassette No.: 12345678
Provider Name: First name Last name		
Biometric Info:		Lab Info:
Height: N/A	Weight: N/A	Accession No: 123456
Blood Pressure: N/A		Collection Date: 2/6/2014
Waist Circumference: N/A		Received Date: 2/12/2014
Neck Circumference: N/A		Report Date: 2/13/2014
Pulse: N/A	Hips: N/A	Fasted: N/A
Comments:		
Home Access Health Laboratory Director: Dr. Gabor Tolnay		
CLIA Registration: 14D0981820		CAP Accreditation: 7175083

Understanding Your Test Results		Your Test Results	Comments
Hemoglobin A1c (HbA1c)** HbA1c is used by diabetic people to measure average blood glucose (sugar) over the previous 2-3 months. High HbA1c increases the risk of diabetes-related health problems including Heart Disease and Stroke.	Normal: 6.0% and lower Borderline High: 6.1% - 7.0% Very High: 7.1% and higher	8.6	Very High Consult Your Doctor

Recent medication, diet and other conditions may affect your results. The Home Access laboratory test results do not make a diagnosis of any kind and should never replace an office visit with your doctor.

** U.S. Department of Health & Human Services, National Institutes of Health, National Diabetes Education Program