

# TODAY'S MESSAGE

## ICD-10: HEALTHWAYS UPDATE

### UPDATED PRE-AUTHORIZATION REQUEST FORMS AND INSTRUCTIONS

As part of Highmark Delaware's ICD-10 compliance planning, the Physical Medicine Management Program pre-authorization request forms and instructions have been updated by Healthways. The update includes ICD diagnosis code usage on required forms and instructions.

The ICD-10 compliance date is Oct. 1, 2015. To ensure accurate ICD diagnosis code usage prior to and at compliance, when submitting care authorization requests to Healthways, follow these guidelines:

- **If the proposed date of service is 9-30-2015 and prior, use version ICD-9.**
- **If the proposed date of service is 10-1-2015 and after, use version ICD-10.**

**Please note:** Separate authorizations are not required if the authorization spans the Oct. 1, 2015, compliance date. Authorizations should utilize the ICD version effective for the proposed start date of service.