

HOT TOPIC

HIGHMARK JOINS FORCES WITH ASPIRE HEALTH

NEW SERVICE GIVES EXTRA SUPPORT TO PATIENTS WITH CHRONIC AND SERIOUS CONDITIONS

Highmark is collaborating with Aspire Health to provide services to Medicare Advantage and Affordable Care Act (ACA) members with serious or chronic illnesses. Services are provided in the comfort and privacy of the patient's home at no additional cost to the patient.

Aspire Health nurse practitioners visit with patients at home to help with their health care needs and issues. They can answer questions about the care provided, help patients cope with their symptoms, and show them how they can best manage their medications. Nurse practitioners are supported by an interdisciplinary team of physicians, social workers, registered nurses, and chaplains, and the team is available on a 24/7 basis to support patient needs.

Nurse practitioners work closely with each patient's doctors to ensure care is properly coordinated and can arrange for additional resources to help the patient and his or her family.

You can refer patients who are eligible for the Aspire Health program by calling Aspire Health at 1-844-337-4040. An Aspire Health program [brochure](#) may be downloaded to share with eligible members. We encourage you to review this brochure for more information about this valuable program.